



Potters Bar Swimming Club



Winter Open 2015

(Last Chance Qualifier)

Meet Programme

Saturday 31st January 2015

The Furzefield Centre, Potters Bar
A Level 3 ASA Licensed (3ER150125) Meet

Session 1 Events 1 to 7

Sign-in desk closes @ 12:15pm
Warm-up starts @ 12:30pm
Event 1 starts promptly @ 1:30pm

Session 2 Events 8 to 14

Sign-in desk closes @ 4:45pm
Warm-up starts @ 5:00pm
Event 8 starts promptly @ 6:00pm

Includes:

- Meet Information, Conduct and ASA policies
- Medals details
- The Events

With special thanks for supporting our 2014 Winter Open Meet to:



- **Event Sponsors** Buff Headgear, Third Eye Installations & Oakfield Foods
- **You!** The parents, sisters, brothers, grandparents, aunties, uncles and friends.
The coaching staff, all volunteers', supporters and officials without whose help this event could not be held.
- **The athletes** THANK YOU ALL – We hope you enjoy your day



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Meet Information

This is a Cardless Meet where **swimmers must sign in** for each event they are swimming.

There are separate sign-ins for each session.

Swimmers/coaches/parents – please ensure that athletes are signed in by the closing time for each Session.

Spectator admission is £3.00 per person per session or £5.00 for combined session 1 and 2 entry, £1.00 for programme of events.

The gallery will be cleared between each session.

Event / Awards

Combined age groups are 9 &10, 11 &12, 13 &14 and 15 & over. Age as at 31st January 2015.

Medal Awards will be given to the top three in all combined age groups for each event.

Presentations will not be made, collect medals on the day from the medals desk. No medals will be posted after the event.

Poolside Access

Only pass holders, swimmers, officials & event management staff will be allowed on the poolside.

Passes can only be obtained in advance by completing an application form with the names of the persons and submitting to the promoter.

Coaches passes are available at £10.00 including food, or £7.00 without food. The pass will include poolside access, programmes throughout the event and also result sheets.

Data Protection

Swim meet entries and results will be managed on a computer. By submitting entries, consent is thereby given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. Personal data, including submitted & recorded times, may be made public during or after the meet.

Starts

It is the responsibility of the competitors, coaches and clubs, to ensure that all swimmers are competent to the standard of the ASA competitive start award, to perform a shallow racing dive into the water. In the event of a false start, swimmers should perform a safe entry with a shallow racing dive and not fall into the water.

Swimmers are reminded that they are permitted to start in the water for all events, but must advise the referee of this prior to the start of their heat.

Warm Up

During the warm up, swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others. The instructions of the promoter, referee & pool lifeguards or others in authority must be obeyed immediately.

Safety

Everyone attending the event must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Everyone is asked to observe all normal precautions in the pool area and when moving around the sports centre, to ensure their own safety and that of others. Anyone observing anything they consider to be a safety hazard must report it immediately to one of the event management staff.



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Behaviour

The event organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the meet. Event management staff will be patrolling the sports centre and anyone found causing damage or seriously misbehaving, will be banned from the meet and refused entry to the building.

Security

Competitors are advised not to leave their belongings unattended and to ensure valuables are placed in a **locked** locker or deposited with someone for safekeeping. Neither Potters Bar Swimming Club nor the pool management will be held responsible for property that is lost.

Photography

In line with the recommendation in the ASA Child Protection Policy, the Meet promoter of this event insists that any person wishing to engage in any video, zoom or close range photography and using a mobile phone with photographic capability should register their details in the book provided at the information desk on the lower concourse, before carrying out any such photography.

Litter

Competitors and spectators are asked to place all litter in the receptacles provided and not to leave it on the floor, particularly in the spectator gallery, where it may become a safety hazard.

Programme of Events (Short Course) over 2 Sessions Electronic Timing Heat Declared Winners (No Finals)

Session 1		Session 2	
1	Boys 9 years & over 200m Freestyle	8	Girls 9 years & over 200m Free
2	Girls 9 years & over 200m IM	9	Boys 9 years & over 200m IM
3	Boys 9 years & over 50m Backstroke	10	Girls 9 years & over 50m Backstroke
4	Girls 9 years & over 50m Breaststroke	11	Boys 9 years & over 50m Breaststroke
5	Boys 9 years & over 50m Butterfly	12	Girls 9 years & over 50m Butterfly
6	Girls 9 years & over 50m Freestyle	13	Boys 9 years & over 50m Freestyle
7	Boys 9 years & over 100m IM	14	Girls 9 years & over 100m IM

Closing Date for Entries 17th January 2015 / Entry Fee £4.25 per event

All enquiries to: pbscwinteropen@gmail.com

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