



ASA East Region 2015 Long Course Championships (Under ASA Laws & ASA Technical Rules) Weekend One (Licensed Meet No. 1ER150672)



Results Session Two

EVENT 121 Mens 400m IM

Regional Records - Junior 4:29.54 Senior 4:13.75

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Nathan HUGHES	15	Hatfield	4:36.79	775
	50m 30.61	100m 1:03.89	150m 1:40.56	200m 2:17.61	250m -
	30.61	33.28	36.67	37.05	-
2.	Jakob GOODMAN	15	St Felix Sch	4:49.23	691
	50m 30.24	100m -	150m 1:41.95	200m 2:17.85	250m 3:01.13
	30.24	-	1:11.71	35.90	43.28
3.	Ben HARRISON	15	Potters Bar	4:49.99	686
	50m 30.14	100m 1:05.37	150m 1:41.40	200m 2:17.65	250m 3:01.05
	30.14	35.23	36.03	36.25	43.40
4.	James WOODWARD	15	Potters Bar	4:53.59	664
	50m 30.51	100m 1:05.76	150m 1:44.38	200m 2:22.71	250m 3:06.19
	30.51	35.25	38.62	38.33	43.48
5.	Myles TURNER	15	West Suffolk	4:59.40	629
	50m 34.00	100m 1:11.66	150m 1:48.88	200m 2:26.54	250m 3:08.51
	34.00	37.66	37.22	37.66	41.97
6.	Samuel PECK	15	UEA Norwich	4:59.56	628
	50m 31.09	100m 1:08.29	150m 1:47.80	200m 2:28.15	250m 3:08.73
	31.09	37.20	39.51	40.35	40.58
7.	Harry NICHOLLS	15	Basildon Ph	5:00.28	624
	50m 31.68	100m 1:07.78	150m 1:47.62	200m 2:26.47	250m 3:08.45
	31.68	36.10	39.84	38.85	41.98
8.	Patrick KEAVENEY	15	Modernians	5:03.04	608
	50m 30.59	100m 1:07.02	150m 1:47.05	200m 2:26.91	250m 3:09.16
	30.59	36.43	40.03	39.86	42.25
9.	Harry WHITEMAN	15	Co Peterboro	5:09.08	575
	50m 31.89	100m 1:09.97	150m 1:49.59	200m 2:29.59	250m 3:13.19
	31.89	38.08	39.62	40.00	43.60
10.	Bayley FINBOW	15	teamipswich	5:13.69	551
	50m 33.07	100m 1:12.30	150m 1:53.11	200m 2:32.03	250m 3:18.20
	33.07	39.23	40.81	38.92	46.17
11.	Harry LONGBOTTOM	15	Deben	5:14.96	545
	50m 33.35	100m 1:12.78	150m 1:54.09	200m 2:34.05	250m 3:18.29
	33.35	39.43	41.31	39.96	44.24
12.	Harry EADE	15	teamipswich	5:15.97	540
	50m 33.58	100m 1:12.46	150m 1:53.98	200m 2:32.87	250m 3:18.65
	33.58	38.88	41.52	38.89	45.78
13.	Max WILSON	15	Modernians	5:19.12	524
	50m 32.10	100m 1:09.88	150m 1:48.90	200m 2:30.72	250m 3:17.71
	32.10	37.78	39.02	41.82	46.99
14.	Callum DAVIS	15	Bishop Stort	5:20.87	516
	50m 30.05	100m 1:07.58	150m 1:51.10	200m 2:33.04	250m 3:20.66
	30.05	37.53	43.52	41.94	47.62
15.	James MONCUR-BROWN	15	UEA Norwich	5:22.17	510
	50m 35.07	100m 1:16.14	150m 1:57.85	200m 2:38.83	250m 3:21.23
	35.07	41.07	41.71	40.98	42.40
16.	Levin GRAF	15	Co Cambridge	5:22.74	507
	50m 32.70	100m -	150m 1:54.37	200m 2:35.76	250m 3:24.37
	32.70	-	1:21.67	41.39	48.61
17.	Benjamin GARTON	15	Co Peterboro	5:25.20	495
	50m 33.69	100m 1:13.05	150m 1:53.20	200m -	250m 3:22.19
	33.69	39.36	40.15	-	1:28.99

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Ole MILLS	16	Braintree	4:52.54	670
	50m 30.62	100m 1:04.85	150m 1:43.93	200m 2:22.47	250m 3:03.72
	30.62	34.23	39.08	38.54	41.25
2.	Cameron MCRAE	16	Co Peterboro	4:55.27	653
	50m -	100m 1:07.31	150m 1:44.26	200m 2:22.21	250m 3:03.52
	-	1:07.31	36.95	37.95	41.31
3.	Finlay RYAN	16	Norwich Swan	4:58.95	632
	50m 32.26	100m -	150m 1:49.18	200m 2:28.44	250m 3:08.90
	32.26	-	1:16.92	39.26	40.46
4.	Michael LARDNER	16	Co Peterboro	4:59.88	626
	50m 31.61	100m 1:08.90	150m 1:44.80	200m 2:21.99	250m 3:06.28
	31.61	37.29	35.90	37.19	44.29
5.	Ryan KELLY	16	Chelmsford	5:01.72	616
	50m 31.89	100m 1:09.14	150m 1:45.82	200m 2:22.54	250m 3:07.90
	31.89	37.25	36.68	36.72	45.36
6.	Spencer PRIOR	16	Colchester	5:07.34	584
	50m 31.12	100m -	150m 1:47.11	200m 2:27.41	250m 3:12.18
	31.12	-	1:15.99	40.30	44.77
7.	Zack CAMPBELL-MAUGHAN	16	West Norfolk	5:09.75	572
	50m 30.82	100m 1:07.47	150m 1:45.95	200m -	250m 3:10.57
	30.82	36.65	38.48	-	1:24.62
8.	Ryan JARVIS	16	Team Luton	5:10.02	570
	50m 32.55	100m 1:11.94	150m 1:51.70	200m 2:33.92	250m 3:15.58
	32.55	39.39	39.76	42.22	41.66
	Thomas WIGGINS	16	Co Peterboro	DQ	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
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1.	Augustus VEASEY	19	Chelmsford	4:40.82	747					
	50m 29.00		100m -	150m 1:39.13		200m -	250m 2:54.89	300m 3:35.32	350m 4:08.49	400m 4:40.82
	29.00		-	1:10.13		-	1:15.76	40.43	33.17	32.33
2.	Nathan WELLS	17	West Norfolk	4:41.61	741					
	50m 29.22		100m 1:03.86	150m 1:38.45	200m 2:13.04	250m 2:55.84	300m 3:38.65	350m 4:10.73	400m 4:41.61	
	29.22		34.64	34.59	34.59	42.80	42.81	32.08	30.88	
3.	Thomas SARAH	21	Co Cambridge	4:43.96	725					
	50m 30.64		100m 1:05.06	150m 1:42.82	200m 2:19.89	250m 3:00.19	300m 3:40.45	350m 4:13.01	400m 4:43.96	
	30.64		34.42	37.76	37.07	40.30	40.26	32.56	30.95	
4.	Joshua GRAVES	18	Co Peterboro	4:44.45	722					
	50m 28.33		100m 1:00.99	150m 1:38.66	200m 2:14.78	250m 2:56.07	300m 3:38.25	350m 4:11.54	400m 4:44.45	
	28.33		32.66	37.67	36.12	41.29	42.18	33.29	32.91	
5.	Thomas MCLAGAN	19	Chelmsford	4:46.55	708					
	50m 28.82		100m 1:03.62	150m 1:40.62	200m 2:16.68	250m 2:57.58	300m 3:39.67	350m 4:13.31	400m 4:46.55	
	28.82		34.80	37.00	36.06	40.90	42.09	33.64	33.24	
6.	Jack PICKERING	17	teamipswich	4:50.54	683					
	50m 30.02		100m 1:04.83	150m 1:44.43	200m 2:23.02	250m 3:03.63	300m 3:44.29	350m 4:18.73	400m 4:50.54	
	30.02		34.81	39.60	38.59	40.61	40.66	34.44	31.81	
7.	Fraser SCOTT	17	Basildon Ph	4:57.43	640					
	50m 30.49		100m 1:05.87	150m 1:44.56	200m 2:22.89	250m 3:04.89	300m 3:48.19	350m 4:23.15	400m 4:57.43	
	30.49		35.38	38.69	38.33	42.00	43.30	34.96	34.28	
8.	Graeham DOUGLAS	27	Co Cambridge	5:01.85	615					
	50m 31.36		100m 1:08.10	150m 1:47.79	200m 2:27.86	250m 3:11.08	300m 3:53.43	350m 4:27.87	400m 5:01.85	
	31.36		36.74	39.69	40.07	43.22	42.35	34.44	33.98	
9.	Calvin COE	17	Stowmarket	5:10.06	570					
	50m 31.67		100m 1:08.44	150m 1:48.39	200m 2:28.56	250m 3:13.06	300m 3:58.18	350m 4:34.58	400m 5:10.06	
	31.67		36.77	39.95	40.17	44.50	45.12	36.40	35.48	

EVENT 122 Womens 200m Backstroke

Regional Records - Junior 2:13.81 Senior 2:12.83

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Rebecca SHERWIN	15	teamipswich	2:17.44	826	32.99	1:08.15	1:43.25	32.99
35.16	35.10								
2.	Eleanor MITCHELL	15	Bishop Stort	2:19.54	795	33.36	1:09.46	1:44.09	33.36
36.10	34.63								
3.	Brooke FROST	15	Basildon Ph	2:23.53	740	33.91	1:10.27	1:47.06	33.91
36.36	36.79								
4.	Rachel WELLINGS	15	Co Peterboro	2:23.77	737	33.32	1:09.22	1:46.21	33.32
35.90	36.99								
5.	Hanna JASZKIEWICZ	15	Co Peterboro	2:27.23	692	34.17	1:10.92	1:49.15	34.17
36.75	38.23								
6.	Eleanor KING	15	Dunstable	2:30.36	654	35.46	1:13.81	1:52.82	35.46
38.35	39.01								
7.	Meghan MAYBANKS	15	DunmowAtlant	2:32.13	633	34.61	-	-	34.61--
8.	Georgina CURTIS	15	Mid Beds	2:32.88	624	35.77	1:14.33	1:53.86	35.77
38.56	39.53								
9.	Zara PRETIOUS-WHITE	15	Bishop Stort	2:33.96	612	34.53	1:13.11	1:53.60	34.53
38.58	40.49								
10.	Lucy HAGGER	15	Chelmsford	2:34.30	608	36.87	1:15.96	1:55.73	36.87
39.09	39.77								
11.	Zoe HORNE	15	Co St Albans	2:34.87	602	37.42	1:17.60	1:56.92	37.42
40.18	39.32								
12.	Annabel LEE	15	teamipswich	2:35.07	600	36.19	1:16.22	1:56.34	36.19
40.03	40.12								
13.	Leyla M.RIZATEPE	15	Hatfield	2:35.76	593	37.30	1:16.50	1:56.65	37.30
39.20	40.15								
14.	Susanna FRASER	15	Co Cambridge	2:35.80	592	36.61	1:16.25	1:56.05	36.61
39.64	39.80								
15.	Peyton EWBANK	15	Norwich Swan	2:36.20	588	35.71	1:15.26	1:56.03	35.71
39.55	40.77								
16.	Evie BANHAM	15	Leiston	2:36.64	583	36.51	1:16.80	1:58.18	36.51
40.29	41.38								
17.	Catherine BROWN	15	Norwich Swan	2:37.27	576	35.65	1:16.06	1:56.79	35.65
40.41	40.73								
18.	Laura COPPING	15	Hatfield	2:37.71	572	38.37	1:17.94	1:58.95	38.37
39.57	41.01								
19.	Annabel HEYWOOD	15	West Suffolk	2:37.99	569	36.92	1:16.98	1:58.38	36.92
40.06	41.40								



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

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20.	Christina WILSON	15	Norwich Swan	2:39.13	557	-	-	-	---
21.	Sophie BURNS	15	Watford SC	2:47.85	476	38.82	1:21.41	2:05.66	38.82
42.59	44.25								

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Bethany SAUNDERS	16	Co Peterboro	2:23.68	738	32.46	1:08.36	1:46.18	32.46
35.90	37.82								
2.	Lauren HALL	16	Co Cambridge	2:24.80	723	33.84	1:10.51	1:48.47	33.84
36.67	37.96								
3.	Martha DULEY	16	Colchester	2:27.23	692	33.76	1:11.34	1:49.58	33.76
37.58	38.24								
4.	Olivia PAWSON	16	Cheshunt	2:30.60	651	35.31	1:13.63	1:52.85	35.31
38.32	39.22								
5.	Abigail WHITING	16	West Norfolk	2:31.35	642	35.56	1:14.27	1:52.72	35.56
38.71	38.45								
6.	Darcey GARDINER	16	Chelmsford	2:32.00	634	35.52	1:14.71	1:54.18	35.52
39.19	39.47								
7.	Hannah BROWN	16	West Norfolk	2:33.13	621	34.90	1:13.32	1:52.81	34.90
38.42	39.49								
8.	Harriet HANSON	16	Hatfield	2:33.24	620	-	-	-	---
8.	Lana MO	16	West Suffolk	2:33.24	620	35.81	1:14.70	1:54.37	35.81
38.89	39.67								
10.	Amber HUGHES	16	Hatfield	2:33.32	619	36.25	1:15.47	1:55.28	36.25
39.22	39.81								
11.	Chloe LONG	16	West Suffolk	2:34.44	607	36.09	1:15.26	1:55.09	36.09
39.17	39.83								
12.	Lilyella CRAW-SEAMAN	16	Norwich Swan	2:34.47	607	35.76	1:15.65	1:56.75	35.76
39.89	41.10								
13.	Grace MCGILL	16	Thetford	2:35.73	593	36.17	1:15.74	1:56.22	36.17
39.57	40.48								
14.	Megan OCHWAT	16	teamipswich	2:43.58	514	37.84	1:19.74	2:02.17	37.84
41.90	42.43								
15.	Isabelle FRYMANN	16	UEA Norwich	2:44.95	501	36.85	1:17.78	2:01.48	36.85

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Dolly TRIGG	17	teamipswich	2:22.09	759	34.04	1:10.13	1:46.45	34.04
36.09	36.32								
2.	Philippa SHUTTLEWORTH	18	Hatfield	2:22.69	751	34.44	1:10.31	1:47.02	34.44
35.87	36.71								
3.	Faye NUGENT	19	Hatfield	2:22.78	750	32.90	1:08.61	1:45.94	32.90
35.71	37.33								
4.	Emily LANE	19	Bo Southend	2:24.21	731	33.29	1:09.14	1:46.31	33.29
35.85	37.17								
5.	Alaina SCIFO	18	teamipswich	2:25.78	710	33.31	1:09.93	1:48.11	33.31
36.62	38.18								
6.	Alice SHERWIN	18	teamipswich	2:27.28	691	34.68	1:12.55	1:49.33	34.68
37.87	36.78								
7.	Taylor GOODBY	17	Co Peterboro	2:29.10	669	35.34	1:13.18	1:51.39	35.34
37.84	38.21								
8.	Keely EMPSON	19	West Norfolk	2:29.23	667	34.23	1:11.17	1:50.06	34.23
36.94	38.89								
9.	Chloe HAZELL	17	UEA Norwich	2:30.10	657	34.36	1:12.06	1:51.22	34.36
37.70	39.16								
10.	Danielle RAYNER	19	St Ives	2:31.64	639	34.39	1:12.33	1:53.02	34.39
37.94	40.69								
11.	Hannah GILLESPIE	17	Epping Fort	2:31.79	637	36.68	1:14.34	1:53.31	36.68
37.66	38.97								
12.	Aisling RUFF	17	Co Peterboro	2:32.13	633	36.31	1:14.85	1:53.80	36.31
38.54	38.95								
13.	Aimee ABREY	17	Hemel Hemp	2:33.27	620	34.03	1:12.29	1:52.51	



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38.26	40.22								34.03
14. Emma LEES		17	West Suffolk	2:35.05	600	35.66	1:15.19	1:55.42	35.66
39.53	40.23								35.66
15. Bethany PALMER		17	UEA Norwich	2:35.29	598	35.86	1:14.88	1:54.88	35.86
39.02	40.00								35.86

EVENT 123 Mens 100m Freestyle

Regional Records - Junior 51.55 Senior 48.48

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Luke TURLEY	15	Hatfield		54.28	722	26.81	26.81
2.	Jakob GOODMAN	15	St Felix Sch		55.96	665	27.09	27.09
3.	Nathan HUGHES	15	Hatfield		56.02	663	27.11	27.11
4.	Jamie SCHOLES	15	Co Peterboro		56.17	659	27.07	27.07
5.	Harry CONSTANTINE	15	Hatfield		56.74	641	27.34	27.34
6.	Harvey JOLLY	15	Basildon Ph		56.77	640	27.42	27.42
7.	Ryan SMITH	15	UEA Norwich		56.89	636	27.40	27.40
8.	Samuel COTTEE	15	teamipswich		56.97	634	27.78	27.78
9.	David SHIPMAN	15	Potters Bar		57.03	632	27.35	27.35
10.	Benjamin GARRATT	15	Hatfield		57.30	624	27.64	27.64
11.	Jake THOMAS-MANSFIELD	15	West Suffolk		57.57	615	27.79	27.79
11.	Jack SPAIN	15	Stowmarket		57.57	615	27.58	27.58
13.	Adam MARTIN	15	Hertsmere		57.85	607	27.40	27.40
14.	James WOODWARD	15	Potters Bar		57.97	604	28.20	28.20
15.	Alex WALMSLEY	15	teamipswich		58.01	602	28.22	28.22
16.	Finn CORBETT	15	Co Peterboro		58.23	596	28.04	28.04
17.	Daniel LUSH	15	Cheshunt		58.32	593	28.10	28.10
18.	Max WILSON	15	Modernians		58.36	592	28.60	28.60
19.	James BLOUNT	15	Potters Bar		58.81	580	28.36	28.36
20.	Patrick KEAVENEY	15	Modernians		58.83	579	28.61	28.61
21.	Harry WESTON	15	Norwich Swan		59.07	572	28.22	28.22
22.	Ryan MOGFORD	15	Chelmsford		59.11	571	28.23	28.23
23.	Jack RYAN	15	Modernians		59.24	568	28.36	28.36
24.	Vincent MELO PEET	15	Basildon Ph		59.69	555	29.48	29.48
25.	Jonathan OWEN	15	Hitchin		59.88	550	27.80	27.80
26.	Harry LONGBOTTOM	15	Deben		1:00.06	545	29.37	29.37
27.	Bayley FINBOW	15	teamipswich		1:00.31	539	29.28	29.28
28.	Harry EADE	15	teamipswich		1:00.43	536	29.01	29.01
29.	Jaxon SIMMONS	15	Co Peterboro	13	1:03.97	451	31.21	31.21
30.	Callum HODGSON	15	Basildon Ph	14	1:09.77	341	32.88	32.88

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Daniel LEIGH	16	Co Peterboro		55.23	689	26.64	26.64
2.	Dominic SCIFO	16	teamipswich		55.64	676	26.96	26.96
3.	Oliver FITT	16	St Ives		56.13	660	27.39	27.39
4.	Bradley VEITCH	16	Harlow Pen		56.35	653	27.24	27.24
5.	Sam GAMBLE	16	Hitchin		56.50	648	26.94	26.94
6.	Alex EVENS	16	Hitchin		56.70	642	27.15	27.15
7.	Luke SUGDEN	16	Hatfield		56.76	640	27.45	27.45



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Weekend One

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8.	Thomas HOVEN	16	UEA Norwich	57.11	629	27.54	27.54
9.	Oliver TEDSTONE	16	UEA Norwich	57.13	629	27.20	27.20
10.	Oliver NEWTON	16	West Norfolk	57.20	627	27.73	27.73
11.	Zack CAMPBELL-MAUGHAN	16	West Norfolk	57.60	615	27.39	27.39
11.	Joshua FOWLES	16	Witham Dolph	57.60	615	27.81	27.81
13.	Ben WILKINSON	16	West Suffolk	57.74	610	27.82	27.82
14.	Ignacio LARGHERO	16	Newmarket	58.41	591	27.56	27.56
15.	Jordan NORTHWOOD	16	Berkhamsted	58.99	575	28.42	28.42
16.	Jack WEARS	16	Leighton Buz	59.23	568	28.93	28.93
17.	Ole MILLS	16	Braintree	59.26	567	29.19	29.19
18.	Morgan READ	16	West Norfolk	59.48	561	28.12	28.12

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Jake TYSON	18	teamipswich		52.53	786	26.04
2.	William KEARSEY	18	Hatfield		52.93	771	25.75
3.	Martyn WALTON	18	Hatfield		53.26	758	26.29
4.	Joshua DUGGAN	19	Hatfield		53.58	747	26.16
4.	Regan LLOYD	18	teamipswich		53.58	747	26.38
6.	George EPSLY	17	Basildon Ph		53.65	744	25.93
7.	Conor HARROLD	22	Basildon Ph		54.09	728	26.27
8.	Charles SELLER	17	teamipswich		54.43	717	26.61
9.	Jack HOWLETT	19	Colchester		54.45	716	25.82
10.	Daniel POWELL	18	Co Peterboro		54.65	709	26.22
11.	Nathan WELLS	17	West Norfolk		54.98	698	26.32
12.	Stuart CLARKE	31	Bishop Stort		55.07	695	26.66
13.	Nathan BENTLEY	17	Hatfield		55.13	693	26.91
14.	Thomas SHERRIFF	20	Hemel Hemp		55.14	692	25.65
14.	Oliver MALTBY	18	Modernians		55.14	692	26.73
16.	Luke HAZLEHURST	18	Hatfield		55.17	691	26.75
16.	Sonny TRIGG	20	teamipswich		55.17	691	27.03
18.	Brandon NABARRO	18	Modernians		55.35	685	26.71
19.	Frederick WOODCOCK	19	Hemel Hemp		55.53	679	26.33
20.	Matthew SHERRIFF	18	Hemel Hemp		55.56	678	26.65
21.	Matthew WRIGHT	17	Team Luton		55.61	677	26.96
22.	Modestas MOCKEVICIUS	18	Bo Southend		55.99	664	26.92
23.	Hayden THOMAS	20	Harlow Pen		56.16	659	26.95
24.	James DAY	18	Basildon Ph		56.20	658	27.22
25.	Jake LLOYD	20	Bishop Stort		56.38	652	27.29
26.	Mason ARNOLD	18	Harlow Pen		56.45	650	27.24
27.	Hugo JOHNSON	17	Bo Southend		56.46	649	26.85
28.	Dalton YALLOP	18	UEA Norwich		56.55	647	27.20
28.	Lee BAKER	20	Harlow Pen		56.55	647	27.06
30.	Kyle PANTON	20	Harlow Pen		56.69	642	27.47
31.	Sean BURGESS	20	Deben		56.97	634	27.42
32.	Harry PARKER	17	Hatfield		57.09	630	27.39
33.	Jack PICKFORD	18	Watford SC		57.27	624	26.44



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34.	Peter WEBSTER	17	Modernians	57.74	610	26.87	26.87
35.	Harry WEARS	18	Leighton Buz	59.47	561	27.50	27.50
36.	Nathan GREENE	18	Team Luton	9 1:09.24	350	32.80	32.80
37.	Christopher PAGAN	17	Runnymede	9 1:28.09	140	39.72	39.72
	James NORMAN	24	Modernians	DNC			
Combined Result - Multi-Disability by British Disability Points							
Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jaxon SIMMONS	15	Co Peterboro	13	1:03.97	534	31.21
2.	Nathan GREENE	18	Team Luton	9	1:09.24	509	32.80
3.	Callum HODGSON	15	Basildon Ph	14	1:09.77	499	32.88
4.	Christopher PAGAN	17	Runnymede	9	1:28.09	247	39.72
5.	Finlay MIDDLETON	13	Stowmarket	8	1:30.88	241	43.00

EVENT 124 Womens 50m Breaststroke

Regional Records - Junior 33.41 Senior 32.10

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rachel ROBINSON	15	UEA Norwich	34.77	735
2.	Rachel WELLINGS	15	Co Peterboro	35.73	683
3.	Hanna JASZKIEWICZ	15	Co Peterboro	35.91	674
4.	Lucy JESSOP	15	Brentwood	36.16	662
5.	Eleanor CLARKE	15	Chelmsford	36.23	658
6.	Annalise WRIGHT	15	Linslade	36.25	657
7.	Catherine BROWN	15	Norwich Swan	36.57	642
8.	Hannah MCNAUL	15	West Suffolk	36.60	640
9.	Amelia BARNETSON	15	Chelmsford	36.66	637
10.	Laura COPPING	15	Hatfield	36.76	633
11.	Chantal SMITH	15	Team Luton	37.47	600
12.	Lucy MOLLOY	15	Verulam	37.54	597
13.	Megan WICKHAM	15	Bishop Stort	37.66	591
14.	Jasmine DEARNLEY	15	St Ives	37.67	591
14.	Abigail GREEN	15	Watford SC	37.67	591
16.	Olivia NICOLAI	15	West Suffolk	37.70	589
17.	Caitlin MASCALL	15	Harlow Pen	38.14	570
18.	Leyla M.RIZATEPE	15	Hatfield	38.20	568
19.	Megan BUNYARD	15	Linslade	38.28	564
20.	Katie CROWTHER	15	Co Peterboro	38.66	548
21.	Meghan MAYBANKS	15	DunmowAtlant	38.77	544
22.	Sophie PICKERING	15	teamipswich	38.86	540
23.	Katialin DANG	15	Harpندن	39.35	521
24.	Elinor DULEY	15	Colchester	39.46	516
25.	Peyton EWBANK	15	Norwich Swan	39.77	505
26.	Sophie BURNS	15	Watford SC	40.17	490

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Leah ROUGHAN	16	Co Peterboro	33.68	797
2.	Lana MO	16	West Suffolk	36.38	651
3.	Bethany MOTTRAM	16	West Suffolk	36.40	650
4.	Emily BIGGS	16	Co Cambridge	36.46	647
5.	Roxanne UYS	16	West Norfolk	36.99	622
6.	Jana SPINNER	16	UEA Norwich	37.48	599
7.	Amie COPP	16	Thetford	38.39	560
8.	Carly BAYS	16	Hoddesdon	38.65	549
9.	Hannah HAWKINS	16	Modernians	38.78	543
10.	Hannah MOORE	16	Deben	39.11	530
11.	Lauren GRICE	16	Leighton Buz	39.29	523
12.	Charlotte GARCIA	16	Hertsmere	40.09	493

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca BURTON	17	Modernians	33.37	816
2.	Ashley RANSOME	20	Hertford	34.38	756
3.	Madeleine CHURCHMAN	19	Hatfield	34.90	727
4.	Cira FLETCHER	17	Bishop Stort	34.99	723
5.	Louise BUSH	24	UEA Norwich	35.15	714
6.	Natalie COOGANS	18	West Norfolk	35.30	706
7.	Kate MCQUAID	17	Hatfield	35.35	703
8.	Lauren BAKER	20	Hatfield	35.45	698
9.	Sarah O'BRIEN	19	Hertford	35.68	686
10.	Grace RAYNER	17	Hemel Hemp	35.95	672
11.	Christie BAYS	19	Hoddesdon	36.05	667
12.	Caitlin RUSSELL	18	Deben	36.24	658
13.	Rianna SMITH	17	Basildon Ph	36.38	651
14.	Paige WILDING	17	Hemel Hemp	36.44	648
15.	Sarah BOWEN	17	Lstof & OB	36.45	647
16.	Jessica PAYNE	17	Leighton Buz	36.58	641
17.	Jordan COLEMAN	17	Leiston	37.25	610
18.	Robyn BRETT	17	Watford SC	38.11	572



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19. Sammy HUMPHREY	19 Leighton Buz	38.17	569
20. Danielle RAYNER	19 St Ives	38.85	541
Emily-Rose JELFS	17 Hemel Hemp	DNC	

EVENT 125 Mens 14/16 Yrs 800m Freestyle Team

Regional Record - 7:32.34

Full Results

Place	Name	Club	Time	GB Pts		
1.	Hatfield A	Hatfield	8:05.65	727		
		Luke TURLEY		2.01.98	28.67	30.27
					32.03	31.01
		Nathan HUGHES		1.27.86	27.18	29.60
					31.08	
		Benjamin GARRATT		2.33.87	58.99	30.63
					32.24	32.01
		Luke SUGDEN		2.01.94	27.95	31.41
					31.83	30.75
2.	City of Peterborough A	Co Peterboro	8:06.14	725		
		Jamie SCHOLES		1.59.58	27.98	30.19
					31.27	30.14
		Thomas WIGGINS		2.03.55	27.97	31.39
					32.43	31.76
		Daniel LEIGH		1.57.43	27.28	29.56
					30.62	29.97
		Finn CORBETT		2.05.58	28.00	31.07
					33.92	32.59
3.	Basildon & Phoenix A	Basildon Ph	8:31.98	631		
		Aaron CLARKE		2.07.85	29.80	32.04
					33.34	32.67
		Harvey JOLLY		2.11.63	30.12	33.28
					35.07	33.16
		Dermot O'DOHERTY		1.35.64	30.05	32.25
					33.34	
		Tyler BERRY		2.36.86	1.01.76	30.89
					32.04	32.17
4.	City of Peterborough B	Co Peterboro	8:36.40	616		
		Michael LARDNER		2.11.75	30.40	33.43
					34.37	33.55
		Cameron MCRAE		2.05.82	27.79	32.72
					33.34	31.97
		Harry WHITEMAN		2.09.84	28.97	33.41
					34.23	33.23
		Harvey NORMAN		2.08.99	28.75	32.46
					33.95	33.83
5.	Potters Bar SC	Potters Bar	8:38.51	609		
		David SHIPMAN		2.10.48	28.79	32.47
					34.75	34.47
		Ben HARRISON		1.36.28	29.49	32.95
					33.84	
		James BLOUNT		2.45.63	1.01.89	34.28
					34.08	35.38
		James BLOUNT		2.06.12	28.49	32.52
					33.91	31.20
6.	Basildon & Phoenix B	Basildon Ph	8:42.53	596		
		James BAYLEY		2.10.36	29.55	32.54
					34.19	34.08
		Vincent MELO PEET		1.37.19	28.86	33.79
					34.54	
		Harry NICHOLLS		2.46.32	1.04.22	33.54
					34.33	34.23
		Harry FOX		2.08.66	29.40	32.63
					33.03	33.60
7.	Hatfield B	Hatfield	8:53.62	561		
		Harry CONSTANTINE		2.08.88	30.11	33.55
					33.42	31.80
		Matthew BENTLEY		2.16.74	31.44	34.97
					35.55	34.78
		Cole JAMES		2.12.46	29.36	34.61
					34.80	33.69
		Callum HURREN		2.15.54	29.61	33.41
					36.18	36.34

EVENT 126 Mens 17 Yrs/Over 800m Free.Team

Regional Record 7:32.34

Full Results

Place	Name	Club	Time	GB Pts		
1.	Hatfield A	Hatfield	7:39.48	838		
		Joshua DUGGAN		1.56.21	26.83	29.10
					30.05	30.23
		Martyn WALTON		1.52.11	25.62	28.20
					29.05	29.24
		William KEARSEY		1.56.92	27.03	29.14
					30.59	30.16
		Timothy SHUTTLEWORTH		1.54.24	25.66	28.76



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2.	Basildon & Phoenix A	Basildon Ph	8:03.27	737	30.28	29.54		
					Conor HARROLD	1.58.55	27.36	29.28
					James DAY	2.03.80	31.17	30.74
					Fraser SCOTT	1.32.35	29.17	31.28
					George EPSLY	2.28.57	32.12	31.23
3.	Hatfield B	Hatfield	8:08.79	715	28.48	31.38		
					Nathan BENTLEY	1.59.85	32.49	29.31
					Luke HAZLEHURST	2.01.15	58.64	29.31
					Ethan LAMB	2.04.07	30.25	30.37
					Harry PARKER	2.03.72	27.96	30.20
4.	City of Peterborough A	Co Peterboro	8:19.54	675	27.43	1.35.83		
					Daniel BROWN	1.33.02	31.37	30.32
					Daniel POWELL	2.33.02	27.57	30.92
					James NEWTON	2.05.90	31.55	31.11
					Joshua GRAVES	2.07.60	28.35	31.61
					32.63	31.48		
					27.43	00.46		
					27.94	31.42		
					33.66			
					1.00.66	30.30		
					31.26	30.80		
					28.04	31.93		
					33.09	32.84		
					28.94	32.05		
					33.19	33.42		