



East Swimming
2015 Short Course Championships
 (Under ASA Laws & ASA Technical Rules)
Inspire: Luton Sports Village
 (Licensed Meet No. 1ER150672)



Results Session Seven

EVENT 701 FINAL OF EVENT 501 Womens Open 200m IM

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|------------------|----------|--------------|---------|---------|-------|---------|---------|
| 1. | Mollie ALLEN | 24/10/98 | Co Peterboro | 2:17.92 | 712 | 29.21 | 1:04.01 | 1:45.43 |
| 2. | Rebecca BURTON | 14/12/98 | Co Peterboro | 2:20.44 | 675 | 31.19 | 1:07.71 | - |
| 3. | Laura COPPING | 26/04/00 | Hatfield | 2:21.55 | 659 | 31.18 | 1:07.63 | 1:48.88 |
| 4. | Leah ROUGHAN | 03/09/99 | Co Peterboro | 2:21.62 | 658 | 31.58 | 1:11.14 | 1:49.33 |
| 5. | Dolly TRIGG | 16/05/98 | teamipswich | 2:22.30 | 648 | - | 1:07.26 | 1:48.91 |
| 6. | Molly FRANCIS | 29/05/01 | Hatfield | 2:23.61 | 631 | 31.82 | 1:10.48 | 1:51.43 |
| 7. | Bethany SAUNDERS | 24/09/99 | Co Peterboro | 2:25.02 | 613 | 31.38 | 1:06.80 | 1:51.51 |
| 8. | Poppy RICHARDSON | 27/08/01 | Co Peterboro | 2:28.43 | 571 | 31.72 | 1:10.06 | 1:54.34 |

EVENT 702 FINAL OF EVENT 502 Mens Open 50m Backstroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt |
|-------|-----------------------|----------|--------------|-------|---------|
| 1. | William KEARSEY | 20/10/97 | Hatfield | 25.86 | 668 |
| 2. | Conor HARROLD | 20/03/93 | Basildon Ph | 26.55 | 617 |
| 3. | Peter WEBSTER | 12/01/98 | Hatfield | 26.84 | 597 |
| 4. | Luke HAZLEHURST | 30/04/97 | Hatfield | 27.02 | 585 |
| 5. | Jamie SCHOLES | 20/01/00 | Co Peterboro | 27.10 | 580 |
| 6. | Charlie POND THOMPSON | 07/08/93 | Southend | 27.22 | 573 |
| 7. | Harry CONSTANTINE | 27/12/00 | Hatfield | 27.29 | 568 |
| 8. | Oliver FITT | 10/07/99 | St Ives | 27.54 | 553 |

EVENT 703 FINAL OF EVENT 503 Womens Open 50m Freestyle

Full Results

| Place | Name | DoB | Club | Time | FINA Pt |
|-------|-----------------|----------|--------------|-------|---------|
| 1. | Georgina PRYOR | 17/06/98 | Hoddesdon | 26.13 | 703 |
| 2. | Amy GODSAVE | 11/09/99 | Hoddesdon | 26.61 | 666 |
| 3. | Meghan MAYBANKS | 15/12/00 | DunmowAtlant | 26.67 | 661 |
| 4. | Elinah PHILLIP | 03/04/00 | Bishop Stort | 26.73 | 657 |
| 5. | Mia MASPERS | 10/08/02 | teamipswich | 26.83 | 649 |
| 6. | Abigail WHITING | 14/03/99 | West Norfolk | 27.37 | 612 |
| 7. | Mollie ALLEN | 24/10/98 | Co Peterboro | 27.39 | 610 |
| 8. | Amy YOUNG | 30/09/99 | Bishop Stort | 27.64 | 594 |

EVENT 704 FINAL OF EVENT 504 Mens Open 200m Breaststroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|-----------------|----------|--------------|---------|---------|-------|---------|---------|
| 1. | Lawrence PALMER | 18/12/92 | Putteridge | 2:12.26 | 759 | 28.89 | 1:01.96 | 1:36.54 |
| 2. | Nathan HUGHES | 19/06/00 | Hatfield | 2:20.92 | 627 | 31.71 | 1:07.32 | 2:20.92 |
| 3. | Fraser SCOTT | 01/04/98 | Basildon Ph | 2:24.13 | 586 | 32.16 | 1:08.33 | 1:46.19 |
| 4. | Jack PICKERING | 15/08/98 | teamipswich | 2:27.43 | 548 | 33.35 | 1:49.18 | 2:27.43 |
| 5. | Charles RAYNER | 22/05/01 | Hatfield | 2:28.54 | 536 | 33.71 | 1:11.15 | 1:49.72 |
| 6. | Ben HARRISON | 04/10/00 | Potters Bar | 2:29.45 | 526 | 34.19 | 1:12.86 | 1:52.09 |
| 7. | Thomas SARAH | 22/06/94 | Co Cambridge | 2:30.29 | 517 | 33.86 | 2:30.29 | - |
| 8. | Samuel PECK | 21/07/00 | UEA Norwich | 2:31.10 | 509 | 33.72 | 1:12.15 | 1:52.14 |

EVENT 705 FINAL OF EVENT 505 Womens Open 200m Breaststroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|-----------------|----------|--------------|---------|---------|-------|---------|---------|
| 1. | Leah ROUGHAN | 03/09/99 | Co Peterboro | 2:26.83 | 769 | 34.07 | 1:11.01 | 1:49.00 |
| 2. | Natalie COOGANS | 21/02/97 | West Norfolk | 2:30.56 | 714 | 35.35 | 1:13.84 | 1:52.43 |
| 3. | Rebecca BURTON | 14/12/98 | Co Peterboro | 2:36.92 | 630 | 35.63 | 1:15.41 | 1:56.40 |
| 4. | Amelia MONAGHAN | 05/07/02 | Co Peterboro | 2:40.19 | 592 | 36.87 | 1:18.10 | 1:59.81 |
| 5. | Louise BUSH | 05/04/91 | UEA Norwich | 2:40.24 | 592 | 35.59 | 1:16.83 | 1:58.21 |
| 6. | Lauren HARRISON | 05/03/01 | Co Peterboro | 2:40.69 | 587 | 37.28 | 1:18.59 | 2:00.75 |
| 7. | Honey HARVEY | 30/10/01 | UEA Norwich | 2:44.67 | 545 | 37.56 | 1:19.44 | - |
| 8. | Keira FROSDICK | 23/04/02 | UEA Norwich | 2:46.12 | 531 | 37.26 | 1:19.26 | 2:03.02 |

EVENT 706 FINAL OF EVENT 506 Mens Open 100m Butterfly

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 |
|-------|------------------|----------|--------------|-------|---------|-------|
| 1. | George EPSLY | 12/06/98 | Basildon Ph | 55.58 | 663 | - |
| 2. | Dominic SCIFO | 29/12/99 | teamipswich | 57.47 | 600 | 27.38 |
| 3. | Daniel LEIGH | 10/04/99 | Co Peterboro | 58.06 | 582 | 27.10 |
| 4. | Jake LLOYD | 17/03/95 | Bishop Stort | 58.15 | 579 | 27.05 |
| 5. | Liam CURRAN | 25/10/98 | Co St Albans | 58.46 | 570 | 27.31 |
| 6. | Benjamin GARRATT | 11/05/00 | Hatfield | 58.50 | 569 | 27.37 |
| 7. | Liam BARNETT | 19/07/87 | Co Cambridge | 58.68 | 563 | 26.94 |
| 8. | Harry PARKER | 30/07/98 | Hatfield | 58.84 | 559 | 27.39 |



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EVENT 707 FINAL OF EVENT 507 Womens Open 100m Butterfly

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 |
|-------|---------------------|----------|--------------|---------|---------|-------|
| 1. | Georgina PRYOR | 17/06/98 | Hoddesdon | 1:00.18 | 765 | 28.30 |
| 2. | Katherine BROWN | 06/10/99 | Co Peterboro | 1:02.83 | 672 | 29.63 |
| 3. | Rikke NAGELL-KLEVEN | 30/04/95 | UEA Norwich | 1:04.01 | 636 | - |
| 4. | Shannon STOTT | 29/08/00 | Co St Albans | 1:05.06 | 605 | 31.46 |
| 5. | Amy YOUNG | 30/09/99 | Bishop Stort | 1:05.88 | 583 | 31.07 |
| 6. | Poppy RICHARDSON | 27/08/01 | Co Peterboro | 1:05.97 | 581 | 31.04 |
| 7. | Taylor GOODBY | 18/04/98 | Co Peterboro | 1:06.24 | 573 | 31.45 |

EVENT 708 FINAL OF EVENT 508 Mens Open 100m IM

Full Results

| Place | Name | DoB | Club | Time | FINA Pt |
|-------|-----------------------|----------|--------------|---------|---------|
| 1. | Charlie POND THOMPSON | 07/08/93 | Southend | 59.29 | 625 |
| 2. | Nathan HUGHES | 19/06/00 | Hatfield | 59.31 | 625 |
| 3. | Peter WEBSTER | 12/01/98 | Hatfield | 59.55 | 617 |
| 4. | Augustus VEASEY | 30/10/96 | Chelmsford | 59.57 | 616 |
| 5. | Nathan WELLS | 23/01/98 | West Norfolk | 59.99 | 604 |
| 6. | Oliver FITT | 10/07/99 | St Ives | 1:00.87 | 578 |
| 7. | Dominic SCIFO | 29/12/99 | teamipswich | 1:01.32 | 565 |
| 8. | Ben HARRISON | 04/10/00 | Potters Bar | 1:01.41 | 563 |

EVENT 709 FINAL OF EVENT 602 Womens Open 100m Backstroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 |
|-------|------------------|----------|--------------|---------|---------|-------|
| 1. | Rebecca SHERWIN | 14/06/00 | teamipswich | 1:02.02 | 706 | 30.09 |
| 2. | Faye NUGENT | 16/02/96 | Hatfield | 1:02.41 | 693 | 30.44 |
| 3. | Georgina PRYOR | 17/06/98 | Hoddesdon | 1:02.66 | 684 | 30.18 |
| 4. | Bethany SAUNDERS | 24/09/99 | Co Peterboro | 1:03.61 | 654 | 31.07 |
| 5. | Rachel WELLINGS | 20/02/00 | Co Peterboro | 1:03.73 | 650 | 30.88 |
| 6. | Mollie ALLEN | 24/10/98 | Co Peterboro | 1:03.92 | 645 | 30.90 |
| 7. | Alaina SCIFO | 13/10/97 | teamipswich | 1:04.73 | 621 | 31.50 |
| 8. | Dolly TRIGG | 16/05/98 | teamipswich | 1:04.97 | 614 | 31.40 |

EVENT 710 FINAL OF EVENT 603 Mens Open 100m Freestyle

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 |
|-------|-------------------|----------|--------------|-------|---------|-------|
| 1. | Regan LLOYD | 15/03/97 | teamipswich | 51.25 | 674 | 24.68 |
| 2. | William KEARSEY | 20/10/97 | Hatfield | 51.40 | 668 | 24.95 |
| 3. | Conor HARROLD | 20/03/93 | Basildon Ph | 52.32 | 633 | 25.17 |
| 4. | Luke TURLEY | 24/03/00 | Hatfield | 52.53 | 626 | 25.92 |
| 5. | Daniel LEIGH | 10/04/99 | Co Peterboro | 52.60 | 623 | 25.49 |
| 6. | Mark LEAMON | 13/03/87 | Co Cambridge | 52.98 | 610 | 25.50 |
| 7. | Harry CONSTANTINE | 27/12/00 | Hatfield | 53.03 | 608 | 25.85 |
| 8. | Peter WEBSTER | 12/01/98 | Hatfield | 54.73 | 553 | 25.96 |

EVENT 711 FINAL OF EVENT 604 Womens Open 200m Freestyle

Full Results

| Place | Name | DoB | Club | Cat | Time | FINA Pt | 50 | 100 | 150 |
|-------|-----------------------|----------|--------------|-----|---------|---------|-------|---------|---------|
| 1. | Katherine BROWN | 06/10/99 | Co Peterboro | | 2:01.72 | 761 | 28.93 | 59.94 | 1:30.97 |
| 2. | Abby SMITH | 26/03/96 | Harpenden | | 2:03.78 | 724 | 29.29 | 1:00.43 | 1:31.91 |
| 3. | Rebecca SHERWIN | 14/06/00 | teamipswich | | 2:05.37 | 697 | 28.57 | 59.81 | 1:32.36 |
| 4. | Jessica-Jane APPLGATE | 22/08/96 | UEA Norwich | 14 | 2:06.34 | 681 | 29.50 | 1:01.09 | 1:33.75 |
| 5. | Molly FRANCIS | 29/05/01 | Hatfield | | 2:06.85 | 673 | 29.77 | 1:01.96 | 1:34.91 |
| 6. | Abigail WHITING | 14/03/99 | West Norfolk | | 2:07.77 | 658 | 29.87 | 1:01.94 | 1:34.97 |
| 7. | Nicola PASQUIRE | 18/02/98 | Team Luton | | 2:07.94 | 656 | 29.37 | 1:01.69 | 1:35.12 |
| 8. | Rebecca SCOTT | 12/08/98 | Hitchin | | 2:08.89 | 641 | 29.34 | 1:01.62 | 1:35.30 |

Multi-Disability by British Disability Points

| Place | Name | DoB | Club | Cat | Time | BDPoints | 50 | 100 | 150 |
|-------|-----------------------|----------|-------------|-----|---------|----------|-------|---------|---------|
| 1. | Jessica-Jane APPLGATE | 22/08/96 | UEA Norwich | 14 | 2:06.34 | 1072 | 29.50 | 1:01.09 | 1:33.75 |

EVENT 712 FINAL OF EVENT 605 Mens Open 50m Breaststroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt |
|-------|-------------------|----------|--------------|-------|---------|
| 1. | Lawrence PALMER | 18/12/92 | Putteridge | 27.30 | 791 |
| 2. | Brandon NABARRO | 05/02/97 | Putteridge | 29.27 | 641 |
| 3. | Jordan BATSON | 20/02/96 | Putteridge | 29.70 | 614 |
| 4. | Dominic HOLLOWAY | 20/04/96 | Co Cambridge | 29.83 | 606 |
| 5. | Christopher SMITH | 04/05/96 | Hoddesdon | 30.37 | 574 |
| 6. | Thomas WIGGINS | 02/08/99 | Co Peterboro | 30.84 | 548 |
| 7. | David SHIPMAN | 09/06/00 | Potters Bar | 31.22 | 529 |
| | Harry WAGNER | 01/08/98 | Mildenhall | DNC | |



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EVENT 713 FINAL OF EVENT 606 Womens Open 50m Breaststroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt |
|-------|-----------------|----------|--------------|-------|---------|
| 1. | Rebecca BURTON | 14/12/98 | Co Peterboro | 32.38 | 703 |
| 2. | Leah ROUGHAN | 03/09/99 | Co Peterboro | 32.67 | 685 |
| 3. | Rachel WELLINGS | 20/02/00 | Co Peterboro | 33.74 | 621 |
| 4. | Ashley RANSOME | 25/10/95 | Hertford | 34.37 | 588 |
| 5. | Sarah O'BRIEN | 31/12/96 | UEA Norwich | 34.44 | 584 |
| 6. | Louise BUSH | 05/04/91 | UEA Norwich | 34.83 | 565 |
| 7. | Cira FLETCHER | 10/12/98 | Bishop Stort | 35.10 | 552 |
| 8. | Keira FROSDICK | 23/04/02 | UEA Norwich | 35.35 | 540 |

EVENT 714 FINAL OF EVENT 607 Mens Open 200m Backstroke

Full Results

| Place | Name | DoB | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|-----------------|----------|--------------|---------|---------|-------|---------|---------|
| 1. | Luke HAZLEHURST | 30/04/97 | Hatfield | 2:01.59 | 664 | 28.80 | 59.93 | 1:31.05 |
| 2. | Jamie SCHOLLES | 20/01/00 | Co Peterboro | 2:03.13 | 639 | 28.33 | 59.73 | 1:31.97 |
| 3. | Nathan WELLS | 23/01/98 | West Norfolk | 2:06.43 | 591 | 29.65 | 1:01.31 | 1:34.03 |
| 4. | Ryan KELLY | 16/02/99 | Chelmsford | 2:07.79 | 572 | 29.84 | 1:01.89 | 1:35.20 |
| 5. | Michael LARDNER | 31/10/99 | Co Peterboro | 2:08.47 | 563 | 29.61 | 1:01.87 | 1:35.57 |
| 6. | Harry FOX | 19/03/99 | Basildon Ph | 2:08.99 | 556 | 30.34 | 1:02.81 | 1:36.44 |
| 7. | Augustus VEASEY | 30/10/96 | Chelmsford | 2:13.35 | 503 | 30.10 | 1:03.19 | 1:38.46 |
| 8. | Peter WEBSTER | 12/01/98 | Hatfield | 2:15.83 | 476 | 30.24 | 1:03.29 | 1:39.58 |

EVENT 715 Womens Open 400m Freestyle Team

Full Results

| Place | Name | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|------------------------|------------------------|---------|---------|-------|---------|-------|
| 1. | City Of Peterborough A | Co Peterboro | 3:53.27 | 711 | | | |
| | | Bethany SAUNDERS | | 58.72 | 28.31 | | 30.41 |
| | | Mollie ALLEN | | 57.92 | | 27.23 | 30.69 |
| | | Katherine BROWN | | 58.20 | | 28.23 | 29.97 |
| | | Rachel WELLINGS | | 58.43 | | 28.01 | 30.42 |
| 2. | UEA City of Norwich SC | UEA Norwich | 3:59.39 | 658 | | | |
| | | Charlotte WALKER | | 29.16 | | 29.16 | |
| | | Rikke NAGELL-KLEVEN | | 1:31.15 | | 1:00.45 | 30.70 |
| | | Honey HARVEY | | 1:01.00 | | 29.41 | 31.59 |
| | | Jessica-Jane APPLEGATE | | 58.08 | | 28.20 | 29.88 |
| 3. | City Of Peterborough B | Co Peterboro | 4:00.51 | 648 | | | |
| | | Poppy RICHARDSON | | 1:00.45 | | 29.00 | 31.45 |
| | | Anna BLAKELEY | | 1:00.45 | | 28.44 | 32.01 |
| | | Leah ROUGHAN | | 59.60 | | 28.92 | 30.68 |
| | | Christie WOODS | | 1:00.01 | | 28.52 | 31.49 |
| 4. | Hatfield A | Hatfield | 4:02.18 | 635 | | | |
| | | Lauren BAKER | | 1:01.68 | | 29.33 | 32.35 |
| | | Kate MCQUAID | | 1:00.90 | | 29.17 | 31.73 |
| | | Laura COPPING | | 1:00.35 | | 29.13 | 31.22 |
| | | Molly FRANCIS | | 59.25 | | 28.98 | 30.27 |
| 5. | City of St Albans SC | Co St Albans | 4:03.29 | 626 | | | |
| | | Georgina LAWSON | | 59.39 | | 28.72 | 30.67 |
| | | Beatrice BARDER | | 1:01.32 | | 29.14 | 32.18 |
| | | Grace WYLIE | | 1:02.66 | | 29.64 | 33.02 |
| | | Shannon STOTT | | 59.92 | | 28.88 | 31.04 |
| 6. | Harpenden SC | Harpenden | 4:09.08 | 584 | | | |
| | | Katialin DANG | | 1:02.16 | | 29.89 | 32.27 |
| | | Juliet MERELIE | | 1:03.40 | | 30.28 | 33.12 |
| | | Caitlin HODDINOTT | | 1:05.00 | | 30.23 | 34.77 |
| | | Abby SMITH | | 58.52 | | 28.14 | 30.38 |
| 7. | Cheshunt Swimming Club | Cheshunt | 4:09.86 | 578 | | | |
| | | Olivia PAWSON | | 1:01.42 | | 29.40 | 32.02 |
| | | Tegan WOLLASTON | | 1:02.40 | | 30.01 | 32.39 |
| | | Millie DONOVAN | | 1:03.28 | | 30.17 | 33.11 |
| | | Emily SOUTH | | 1:02.76 | | 29.45 | 33.31 |
| 8. | Hemel Hempstead A | Hemel Hemp | 4:10.91 | 571 | | | |
| | | Aimee ABREY | | 29.59 | | 29.59 | |
| | | Paige WILDING | | 1:35.95 | | 1:02.68 | 33.27 |
| | | Leanne ABREY | | 1:03.81 | | 30.28 | 33.53 |
| | | Alice FENDER | | 1:01.56 | | 28.88 | 32.68 |
| 9. | Hatfield B | Hatfield | 4:16.16 | 537 | | | |
| | | Amber HUGHES | | 1:01.53 | | 29.95 | 31.58 |
| | | Bailey WILKES | | 1:03.84 | | 30.25 | 33.59 |
| | | Sophie PAYNE | | 1:06.76 | | 31.90 | 34.86 |
| | | Amber SHINE | | 1:04.03 | | 31.14 | 32.89 |
| 10. | Hemel Hempstead B | Hemel Hemp | 4:16.34 | 535 | | | |
| | | Georgia PURKIS | | 1:05.92 | | 31.57 | 34.35 |
| | | Keelin MCKENNA | | 30.10 | | 30.10 | |
| | | Shona MCKENNA | | 1:37.99 | | 1:04.27 | 33.72 |
| | | Emily-Rose JELFS | | 1:02.33 | | 30.02 | 32.31 |



East Swimming

2015 Short Course Championships

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Inspire: Luton Sports Village

(Licensed Meet No. 1ER150672)



EVENT 716 Mens Open 400m Medley Team

Full Results

| Place | Name | Club | Time | FINA Pt | | |
|-------|------------------------|-------------------|---------|---------|---------|---------|
| 1. | Hatfield A | Hatfield | 3:50.11 | 648 | | |
| | | Luke HAZLEHURST | | 56.96 | 27.65 | 29.31 |
| | | Nathan HUGHES | | 1.05.26 | 30.41 | 34.85 |
| | | Peter WEBSTER | | 57.01 | 25.56 | 31.45 |
| | | William KEARSEY | | 50.88 | 24.30 | 26.58 |
| 2. | Basildon & Phoenix SC | Basildon Ph | 3:52.04 | 632 | | |
| | | Conor HARROLD | | 57.12 | 27.79 | 29.33 |
| | | Fraser SCOTT | | 1.07.07 | 31.07 | 36.00 |
| | | George EPSLY | | 54.97 | 25.55 | 29.42 |
| | | James DAY | | 52.88 | 24.95 | 27.93 |
| 3. | Putteridge | Putteridge | 3:52.36 | 629 | | |
| | | Ryan COMPTON | | 1.02.28 | 30.00 | 32.28 |
| | | Lawrence PALMER | | 59.82 | 27.53 | 32.29 |
| | | Brandon NABARRO | | 57.30 | 27.11 | 30.19 |
| | | Jordan BATSON | | 52.96 | 24.85 | 28.11 |
| 4. | City Of Peterborough A | Co Peterboro | 3:56.95 | 593 | | |
| | | Jamie SCHOLES | | 58.64 | 27.75 | 30.89 |
| | | Thomas WIGGINS | | 30.55 | 30.55 | |
| | | Joshua GRAVES | | 1.35.13 | | 1.35.13 |
| | | Daniel LEIGH | | 52.63 | 25.03 | 27.60 |
| 5. | Hatfield B | Hatfield | 4:01.17 | 563 | | |
| | | Harry CONSTANTINE | | 1.00.63 | 29.30 | 31.33 |
| | | Harry PARKER | | 1.08.39 | 31.31 | 37.08 |
| | | Oliver PERRY | | 58.36 | 26.89 | 31.47 |
| | | Luke TURLEY | | 53.79 | 26.05 | 27.74 |
| 6. | Hemel Hempstead A | Hemel Hemp | 4:02.89 | 551 | | |
| | | Jack SPENCE | | 59.80 | 28.36 | 31.44 |
| | | Jack CHRISTIE | | 32.66 | 32.66 | |
| | | Thomas SHERRIFF | | 1.35.10 | 1.02.59 | 32.51 |
| | | Matthew SHERRIFF | | 55.33 | 25.90 | 29.43 |
| 7. | City of St Albans SC | Co St Albans | 4:05.81 | 531 | | |
| | | Elliot WYLIE | | 1.02.37 | 30.05 | 32.32 |
| | | Zhi ONG | | 1.08.75 | 31.72 | 37.03 |
| | | Liam CURRAN | | 58.44 | 27.33 | 31.11 |
| | | Daniel SCHINDLER | | 56.25 | 26.83 | 29.42 |
| 8. | Leighton Buzzard SC | Leighton Buz | 4:09.31 | 509 | | |
| | | Leone CRICK | | 1.01.41 | 28.98 | 32.43 |
| | | Jack MCGARRY | | 1.11.71 | 32.28 | 39.43 |
| | | Harry WEARS | | 1.01.02 | 28.15 | 32.87 |
| | | Jack WEARS | | 55.17 | 25.96 | 29.21 |
| 9. | City Of Peterborough B | Co Peterboro | 4:10.06 | 505 | | |
| | | Matthew GRAY | | 1.01.02 | 29.66 | 31.36 |
| | | Cameron MCRAE | | 32.64 | 32.64 | |
| | | Michael LARDNER | | 1.40.19 | 1.06.88 | 33.31 |
| | | Finn CORBETT | | 56.21 | 26.90 | 29.31 |
| 10. | Beccles Town SC | Beccles Town | 4:13.97 | 482 | | |
| | | Ross BARNSHAW | | 1.07.12 | 32.44 | 34.68 |
| | | Martin HAILES | | 1.12.60 | 32.59 | 40.01 |
| | | Lawrence LOWMAN | | 1.25.02 | 58.82 | 26.20 |
| | | Oliver POSTLE | | 29.23 | | 29.23 |
| 11. | Mid Beds SS | Mid Beds | 4:15.80 | 471 | | |
| | | Scott NEAVE | | 1.03.99 | 31.10 | 32.89 |
| | | James HANCOCK | | 1.09.29 | 32.39 | 36.90 |
| | | James MCFARLAND | | 1.05.38 | 28.54 | 36.84 |
| | | Jack RYAN | | 57.14 | 27.14 | 30.00 |
| 12. | Hemel Hempstead B | Hemel Hemp | 4:18.35 | 458 | | |
| | | Joshua GAINES | | 1.01.03 | 29.65 | 31.38 |
| | | Robert JENNINGS | | 1.12.45 | 33.46 | 38.99 |
| | | Jacob HUTCHINGS | | 1.05.78 | 30.50 | 35.28 |
| | | Max JELFS | | 59.09 | 27.60 | 31.49 |