



Squad Expectations

Uni Squad

HSC has created a University Squad to enable long term members of the club who are remaining in full time education beyond the age of 18 and who are living away from home and who intend to continue swimming competitively or actively (for example as part of a University club) during their time at University

Membership of Uni squad is on an invitation only basis and will be sent to a swimmer who is 17 or 18 and who is heading to University and who is/or will be living away from home

Swimmers who are in full time education who are 18+ but who live at home or those who have joined the work place and who wish to remain in the club may stay in their squad on a full time basis or may choose to move to Gold squad if they no longer wish to compete regularly.

What to Expect

At the end of the school year an invitation email will be sent out to the swimmers who have been identified as qualifying for an invite to Uni Squad inviting them to change their membership on the following conditions:

Your standing order may be cancelled with effect from 1 August of the current year

You may continue to swim with your current squad until you leave for University at no charge

From October onwards you may only swim with the Club during the University holidays.

You can swim with the squad you were in at the time you received the invite BUT the coaching staff reserve the right to ask you to swim with Gold during the holidays according to fitness levels and attitude.

Each January you will receive a request to pay:

ANNUAL MEMBERSHIP FEE

ANNUAL SQUAD FEE

ASA MEMBERSHIP

Swimmers who have not paid both of these fees by the deadline set by the admin officer will not be allowed to swim with the club for insurance purposes.

When you finish full time education you will not be able to stay in the Uni Squad and you will need to consider other alternatives offered by HSC or other clubs.

Please note that if you leave the club without joining Uni Squad you will not be able to re-enter the club into Uni Squad and will need to seek an alternative option.

Uni Squad members may be called upon to swim for the club as part of a team or in an event although priority for such teams will usually be given to A/Blue squad members.

Please make sure that the club's admin officer (admin@hitchinswimmingclub.co.uk) has a current and valid email address to contact you for renewals.

General Expectations at Training Sessions

Abide by the Club's Code of Conduct

As an Adult, be aware that your behaviour and language must be appropriate for the diverse age range in the club

Exhibit appropriate behaviour in the changing rooms and public areas and act as a role model for younger swimmers

Turn up on time for training

Come to the session with all equipment needed, including a drink

Do all that has been asked of you to the best of your abilities.

If you have an injury inform the coaches before you get in the pool.