



East Swimming
2016 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

Results Session Eight

EVENT 321 Mens 200m IM

Regional Records - Junior 2:07.70 Senior 1:58.22

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Charles RAYNER	22/05/01	Hatfield		2:18.52	658	29.18	1:05.40	1:45.50
2.	Harvey NORMAN	25/07/01	Co Peterboro		2:22.24	611	30.19	1:06.89	1:49.47
3.	Taylor BOWEN	19/02/01	West Suffolk		2:25.00	579	30.01	1:07.98	1:52.60
4.	Maxim DE WILDT	28/08/01	Co Cambridge		2:25.10	578	30.42	1:10.17	1:50.53
5.	Cole JAMES	01/10/01	Hatfield		2:25.23	576	31.23	1:10.95	1:50.55
6.	James MCFARLAND	30/01/01	Mid Beds		2:25.40	574	29.65	1:07.60	1:51.62
7.	Samuel BRYAN	21/05/01	Basildon Ph		2:26.66	560	30.83	1:10.20	1:52.69
8.	Joshua SMITH	08/02/01	DunmowAtlant		2:27.57	550	30.00	1:07.03	1:52.77
9.	George HART	21/07/01	Mid Beds		2:28.01	546	31.63	1:09.73	1:53.20
10.	Matthew TITMAN	21/07/01	Co Cambridge		2:31.10	514	28.87	1:06.84	1:55.25
11.	Matteo TONTODONATI	07/05/01	Hoddesdon		2:33.14	493	31.87	1:10.28	1:56.86
12.	Harrison LEES	03/01/01	Watford SC		2:34.19	483	31.04	1:11.30	2:00.13

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Myles TURNER	12/06/00	West Suffolk		2:17.73	668	30.68	1:06.35	1:46.51
2.	Samuel COTTEE	29/01/00	teamipswich		2:18.51	658	29.27	1:07.05	1:47.16
3.	Jake THOMAS-MANSFIELD	09/06/00	West Suffolk		2:18.52	658	28.81	1:05.68	1:47.32
4.	Samuel PECK	21/07/00	UEA Norwich		2:18.82	654	29.78	1:07.22	1:46.36
5.	Harry NICHOLLS	13/07/00	Basildon Ph		2:22.35	610	30.20	1:08.10	1:49.06
6.	Luke CROFTS	23/04/00	Thurrock		2:24.70	582	29.75	1:07.14	1:50.15
7.	Harry EADE	28/08/00	teamipswich		2:27.14	555	31.06	1:09.86	1:53.52
8.	James WOODWARD	04/03/00	Potters Bar		2:34.76	478	31.43	1:12.36	1:57.41

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Brandon NABARRO	05/02/97	Putteridge		2:12.45	741	27.93	1:01.83	1:40.00
2.	Nathan WELLS	23/01/98	West Norfolk		2:12.93	734	28.71	1:01.66	1:42.10
3.	Dominic SCIFO	29/12/99	teamipswich		2:15.49	698	27.71	1:04.43	1:43.65
4.	Lawrence PALMER	18/12/92	Putteridge		2:15.66	696	27.54	1:05.18	1:41.82
5.	Augustus VEASEY	30/10/96	Chelmsford		2:16.13	689	28.28	1:01.63	1:42.52
6.	Thomas MCLAGAN	27/04/96	Chelmsford		2:16.17	689	28.26	1:03.66	1:44.48
7.	Thomas WIGGINS	02/08/99	Co Peterboro		2:16.29	687	29.52	1:05.16	1:44.39
8.	Thomas SARAH	22/06/94	Co Cambridge		2:16.59	683	29.67	1:05.13	1:44.40
9.	Fraser SCOTT	01/04/98	Basildon Ph		2:17.30	674	29.32	1:05.59	1:45.18
10.	Joshua GAINES	27/10/98	Hemel Hemp		2:18.52	658	30.16	1:05.06	1:46.93
11.	Cameron MCRAE	18/09/99	Co Peterboro		2:18.81	654	30.26	1:05.41	1:46.30
12.	Thomas SHERRIFF	14/08/95	Co St Albans		2:18.99	652	28.94	1:04.50	1:46.33
13.	Ryan KELLY	16/02/99	Chelmsford		2:19.23	648	30.12	1:05.37	1:48.07
14.	Alexander MASON	05/08/96	Team Luton		2:19.52	645	29.43	1:06.19	1:46.55
15.	Jack PICKERING	15/08/98	teamipswich		2:19.79	641	29.08	1:04.46	1:45.95
16.	Finlay RYAN	19/04/99	Norwich Swan		2:19.89	640	30.03	1:06.83	1:46.87
17.	Joshua GRAVES	19/09/97	Co Peterboro		2:19.94	639	28.68	1:05.74	1:48.24
18.	Spencer PRIOR	31/05/99	Colchester		2:19.97	639	28.97	1:05.24	1:45.99
19.	Louis SPONG	07/11/99	DunmowAtlant		2:20.54	632	29.99	1:05.47	1:47.77
20.	Michael LARDNER	31/10/99	Co Peterboro		2:20.93	627	29.76	1:05.15	1:48.13
21.	Daniel SCHINDLER	16/04/99	Co St Albans		2:22.28	611	29.86	1:06.62	1:49.01
22.	Louis HINES	20/12/97	Watford SC	14	2:40.86	424	32.42	1:14.51	2:07.05

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPoints	50	100	150
1.	Louis HINES	20/12/97	Watford SC	14	2:40.86	633	32.42	1:14.51	2:07.05



East Swimming

2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 322 Womens 200m IM

Regional Records - Junior 2:16.12 Senior 2:15.96

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Charlotte ASHWIN	09/04/01	Mid Beds		2:31.44	683	33.10	1:11.42	1:56.56
2.	Honey HARVEY	30/10/01	UEA Norwich		2:31.81	679	32.84	1:11.63	1:55.63
3.	Sophie TAYLOR	23/08/01	St Felix Sch		2:32.19	674	34.19	1:13.26	1:57.34
4.	Lauren HARRISON	05/03/01	Co Peterboro		2:32.48	671	32.68	1:15.56	1:56.60
5.	Lauren WATT	18/11/01	Newmarket		2:33.16	663	33.85	1:11.89	1:56.74
6.	Nadine SMITH	28/03/01	Hatfield		2:34.04	652	33.98	1:15.22	1:57.62
7.	Holly JASZKIEWICZ	18/12/01	Co Peterboro		2:34.15	651	33.77	1:11.21	1:59.98
8.	Emily GREEN	31/08/01	Brentwood		2:37.26	616	33.37	1:11.21	1:59.82
9.	Alice FENDER	14/02/01	Hemel Hemp		2:37.85	610	34.96	1:15.74	2:02.41
10.	Emma LESLIE	05/04/01	Co Peterboro		2:38.65	601	33.41	1:12.45	2:02.46
11.	Megan SAMUELS	26/12/01	Chelmsford		2:38.86	599	34.09	1:13.55	2:01.23
12.	Imogen COOKE	28/03/01	UEA Norwich		2:39.45	593	32.09	1:12.26	2:01.82
	Louise FIDDES	26/03/01	Hatfield	14	DNC				
	Molly FRANCIS	29/05/01	Hatfield		DQ 2				
	Poppy RICHARDSON	27/08/01	Co Peterboro		DQ 2				

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Laura COPPING	26/04/00	Hatfield		2:26.40	747	31.74	1:10.18	1:52.58
2.	Rachel WELLINGS	20/02/00	Co Peterboro		2:30.43	695	31.39	1:08.26	1:54.01
3.	Georgina CURTIS	04/10/00	Mid Beds		2:32.56	670	31.71	1:10.70	1:56.90
4.	Sophie PICKERING	28/06/00	teamipswich		2:33.79	655	32.35	1:11.42	1:57.75
5.	Abigail GREEN	13/08/00	Watford SC		2:37.70	611	34.19	1:16.48	2:03.16

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Mollie ALLEN	24/10/98	Co Peterboro		2:22.51	800	29.74	1:05.97	1:49.28
2.	Rebecca BURTON	14/12/98	Co Peterboro		2:26.54	745	31.36	1:08.85	1:50.06
3.	Leah ROUGHAN	03/09/99	Co Peterboro		2:27.46	733	32.11	1:12.93	1:54.16
4.	Dolly TRIGG	16/05/98	teamipswich		2:27.84	728	32.37	1:09.62	1:53.45
5.	Georgina PRYOR	17/06/98	Harlow Pen		2:28.02	726	29.78	1:07.54	1:53.98
6.	Natalie COOGANS	21/02/97	West Norfolk		2:29.98	701	32.64	1:15.27	1:53.75
7.	Lana MO	06/09/99	West Suffolk		2:31.66	680	32.52	1:12.28	1:55.94
8.	Jessica WESTLAKE	20/01/99	St Felix Sch		2:32.24	673	32.16	1:11.71	1:58.13
9.	Grace RAYNER	02/11/98	Hatfield		2:32.61	669	32.48	1:12.73	1:57.62
10.	Abigail WHITING	14/03/99	West Norfolk		2:32.73	668	30.57	1:10.17	1:57.80
11.	Millie EMMANS	14/11/99	Co Cambridge		2:32.82	667	31.92	1:13.96	1:58.33
12.	Lauren GRICE	21/05/99	Leighton Buz		2:36.00	630	32.27	1:11.74	1:59.34
13.	Nicola PASQUIRE	18/02/98	Team Luton		2:36.59	623	32.36	1:12.43	1:59.50
14.	Danielle RAYNER	15/06/96	Newmarket		2:38.40	604	33.40	1:11.61	1:59.09
15.	Katie NESBITT	22/10/98	UEA Norwich	14	2:41.82	568	34.70	1:16.22	2:06.00

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPoints	50	100	150
1.	Katie NESBITT	22/10/98	UEA Norwich	14	2:41.82	852	34.70	1:16.22	2:06.00
	Louise FIDDES	26/03/01	Hatfield	14	DNC				



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Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 323 Mens 100m Backstroke

Regional Records - Junior 58.37 Senior 54.78

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Joshua SMITH	08/02/01	DunmowAtlant		1:04.34	611	30.64
2.	Daniel CHADA	17/05/01	Bishop Stort		1:05.92	571	31.89
3.	Nicholas PERKINS	08/03/01	UEA Norwich		1:06.17	565	31.12
4.	John BOYLE	15/01/01	DunmowAtlant		1:06.22	563	31.93
5.	Matteo TONTODONATI	07/05/01	Hoddesdon		1:06.67	553	32.61
6.	Samuel WORTLEY	20/06/01	West Suffolk		1:06.84	549	32.18
7.	Taylor BOWEN	19/02/01	West Suffolk		1:06.87	548	32.50
8.	Lewis BAYLEY	09/03/01	Southend		1:07.06	543	32.00
9.	Max JELFS	27/03/01	Hemel Hemp		1:07.58	531	32.42
10.	Callum WOLLASTON	27/09/01	Cheshunt		1:08.26	516	32.47
10.	Michael RIPPER	08/09/01	Harpenden		1:08.26	516	32.57
12.	Matthew TITMAN	21/07/01	Co Cambridge		1:08.52	510	32.11
13.	Thomas STANBURY	24/09/01	Potters Bar		1:08.72	505	32.97
14.	Matthew TATUM	12/06/01	Diss Otters		1:08.88	502	32.55
15.	Jack SANGSTER	12/07/01	Modernian		1:08.98	500	32.95
16.	Marcus KEMP	03/12/01	Watford SC		1:09.02	499	33.59
17.	Charles RENNIE	12/04/01	Braintree		1:09.21	495	33.08
18.	Carl PURVEY	03/04/01	Wisbech		1:09.39	491	33.08
19.	Samuel PHILPOTT	12/10/01	UEA Norwich		1:11.53	447	33.57

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Matthew GRAY	25/01/00	Co Peterboro		1:01.72	685	30.50
2.	Harry CONSTANTINE	27/12/00	Hatfield		1:01.92	679	29.76
3.	Reece NICHOLLS	13/03/00	Basildon Ph		1:02.18	672	30.44
4.	Tyler BERRY	24/08/00	Basildon Ph		1:03.86	624	30.99
5.	Ryan SMITH	05/01/00	UEA Norwich		1:04.70	602	31.23
6.	Myles TURNER	12/06/00	West Suffolk		1:05.41	584	32.73
7.	Lucas DYSON-DIAZ	05/09/00	Hatfield		1:05.77	575	31.40
8.	Matthew BENTLEY	16/03/00	Hatfield		1:06.32	561	32.03
9.	Thomas OWEN	31/01/00	UEA Norwich		1:06.36	560	31.82
10.	Harry WHITEMAN	06/07/00	Co Peterboro		1:06.42	559	31.92
11.	Jacob RHODES	09/08/00	Wisbech		1:07.38	536	32.25
12.	Harry EADE	28/08/00	teamipswich		1:07.56	532	32.93
13.	Alex WALMSLEY	16/06/00	teamipswich		1:07.77	527	32.24
14.	Jack EMERSON	18/08/00	Hitchin		1:09.09	497	33.08
15.	Callum HODGSON	07/12/00	Basildon Ph	14	1:21.66	288	38.90

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Oliver FITT	10/07/99	St Ives		58.86	776	28.13
2.	Nathan WELLS	23/01/98	West Norfolk		1:00.55	721	29.87
3.	Samuel PEASE	02/10/99	Basildon Ph		1:01.27	699	29.56
4.	Peter WEBSTER	12/01/98	Hatfield		1:01.57	690	29.24
5.	Harry FOX	19/03/99	Basildon Ph		1:01.83	682	30.28
6.	Jack SPENCE	01/12/94	Hemel Hemp		1:02.28	669	29.48
7.	Cameron MCRAE	18/09/99	Co Peterboro		1:02.56	661	30.30
8.	Ryan KELLY	16/02/99	Chelmsford		1:02.57	660	30.49
9.	Ryan COMPTON	28/12/97	Putteridge		1:02.63	659	30.00
10.	George EPSLY	12/06/98	Basildon Ph		1:02.85	652	30.89
11.	Augustus VEASEY	30/10/96	Chelmsford		1:03.18	643	30.20
12.	Sam GAMBLE	24/05/99	Hitchin		1:03.22	642	30.75
13.	Alex PROFFITT	23/05/98	West Suffolk		1:03.28	640	30.94
14.	Elliot WYLIE	16/03/99	Team Luton		1:03.46	635	30.22
15.	Leone CRICK	04/02/98	Leighton Buz		1:03.58	632	30.90
16.	Michael LARDNER	31/10/99	Co Peterboro		1:03.95	622	31.02
17.	Joshua GAINES	27/10/98	Hemel Hemp		1:04.17	616	31.55
18.	Louis SPONG	07/11/99	DunmowAtlant		1:04.88	597	31.55
19.	Dalton YALLOP	13/01/97	UEA Norwich		1:05.08	592	30.72
20.	Jordan CATCHPOLE	05/10/99	UEA Norwich	14	1:06.40	559	32.00
21.	Joshua WELLS	23/10/97	UEA Norwich	14	1:22.93	273	39.77
	William KEARSEY	20/10/97	Hatfield		DNC		
	Joshua DUGGAN	15/11/96	Hatfield		DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPoints	50
1.	Jordan CATCHPOLE	05/10/99	UEA Norwich	14	1:06.40	808	32.00
2.	Callum HODGSON	07/12/00	Basildon Ph	14	1:21.66	435	38.90
3.	Joshua WELLS	23/10/97	UEA Norwich	14	1:22.93	415	39.77



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Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 324 Womens 100m Backstroke

Regional Records - Junior 1:02.97 Senior 1:02.97

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Claire BURRELL	31/03/01	Harpenden		1:08.09	707	33.31
2.	Maddison SAUNDERS	30/10/01	Co Peterboro		1:08.69	691	33.26
3.	Niamh JAMES	28/02/01	Bishop Stort		1:09.97	657	34.05
4.	Grace WYLIE	06/08/01	Team Luton		1:10.09	654	33.74
5.	Emma LESLIE	05/04/01	Co Peterboro		1:10.50	644	34.06
6.	Chloe LENCE	19/08/01	Modernian		1:10.58	642	34.05
7.	Angel DUNDERDALE	07/08/01	UEA Norwich		1:10.62	641	33.73
8.	Tilly ANEMA	09/12/01	Norwich Swan		1:11.59	617	34.78
9.	Phoebe HAYDEN	15/02/01	Stowmarket		1:11.93	609	34.15
10.	Josie PRETIOUS-WHITE	30/10/01	Bishop Stort		1:12.10	605	34.89
11.	Holly JASKIEWICZ	18/12/01	Co Peterboro		1:12.20	602	35.45
12.	Bailey WILKES	27/09/01	Hatfield		1:12.44	597	35.09
12.	Emily GREEN	31/08/01	Brentwood		1:12.44	597	35.23
14.	Celeste ANDREW	08/02/01	Harlow Pen		1:13.18	580	35.40
15.	Chloe SORRELL	17/03/01	West Norfolk		1:13.24	578	34.94
16.	Martine TRAN	07/08/01	Thurrock		1:13.92	563	34.88
17.	Sonia TUMIOTTO	14/07/01	St Felix Sch		1:14.13	559	36.14
18.	Ellie-Mae SMITH	03/10/01	teamipswich		1:15.97	520	36.16

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Rebecca SHERWIN	14/06/00	teamipswich		1:03.40	848	30.78
2.	Brooke FROST	13/08/00	Basildon Ph		1:06.99	738	32.53
3.	Meghan MAYBANKS	15/12/00	DunmowAtlant		1:07.93	711	32.33
4.	Rachel WELLINGS	20/02/00	Co Peterboro		1:08.18	704	32.68
5.	Amelia PEDDLE	16/05/00	Epping For't		1:08.32	701	32.64
6.	Eleanor KING	16/05/00	Dunstable		1:09.39	672	32.92
7.	Isabella DYOS	08/10/00	Basildon Ph		1:10.00	656	33.56
8.	Francesca CROCKER	06/05/00	St Ives		1:10.51	643	33.10
9.	Hannah BRECKNELL	25/02/00	West Suffolk		1:11.23	626	33.66
10.	Susanna FRASER	09/02/00	Co Cambridge		1:11.57	617	34.24
11.	Megan COOK	01/03/00	Harlow Pen		1:11.89	610	34.28
12.	Catherine BROWN	07/07/00	Norwich Swan		1:12.17	603	34.71
13.	Elinor DULEY	19/11/00	Colchester		1:12.54	594	34.14
14.	Annabel LEE	27/10/00	teamipswich		1:12.59	593	34.30
15.	Eloise CONWAY	18/12/00	Halstead		1:12.86	587	35.24

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50
1.	Faye NUGENT	16/02/96	Hatfield		1:04.89	801	31.36
2.	Mollie ALLEN	24/10/98	Co Peterboro		1:05.02	797	31.60
3.	Martha DULEY	29/04/99	Colchester		1:05.33	787	31.74
4.	Emily LANE	29/07/96	Basildon Ph		1:07.13	734	32.26
5.	Alaina SCIFO	13/10/97	teamipswich		1:07.42	726	32.89
6.	Bethany SAUNDERS	24/09/99	Co Peterboro		1:07.47	724	32.49
7.	Georgina PRYOR	17/06/98	Harlow Pen		1:08.01	709	33.04
8.	Chloe HAZELL	25/03/98	UEA Norwich		1:08.24	703	33.00
9.	Emily DOWDING	25/09/98	teamipswich		1:08.54	695	32.91
10.	Lauren HALL	05/01/99	Co Cambridge		1:08.62	692	32.84
11.	Georgina LAWSON	28/09/97	Co St Albans		1:08.88	685	33.00
12.	Molly OLLINGTON	29/08/98	West Suffolk		1:09.47	670	33.37
13.	Alice SHERWIN	01/10/97	teamipswich		1:09.55	668	34.36
14.	Danielle RAYNER	15/06/96	Newmarket		1:09.82	661	34.31
15.	Tia COLBY	28/07/98	Basildon Ph		1:09.98	657	34.00
16.	Olivia PAWSON	26/11/99	Cheshunt		1:10.23	650	33.71
17.	Bethany PALMER	14/01/98	UEA Norwich		1:11.82	611	34.83
18.	Jordan COLEMAN	26/05/98	Leiston		1:12.14	604	34.27
19.	Katie NESBITT	22/10/98	UEA Norwich	14	1:13.40	575	36.47

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPts	50
1.	Katie NESBITT	22/10/98	UEA Norwich	14	1:13.40	766	36.47



East Swimming

2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 325 Mens 200m Freestyle

Regional Records - Junior 1:52.79 Senior 1:48.99

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Harvey NORMAN	25/07/01	Co Peterboro		2:06.54	624	28.96	1:01.04	1:34.00
2.	Max JELFS	27/03/01	Hemel Hemp		2:08.33	600	29.84	1:02.22	1:36.05
3.	Billy LO	09/05/01	Basildon Ph		2:08.56	597	30.17	1:03.33	1:36.67
4.	Jamie MCCAFFRAY	23/08/01	Modernian		2:09.18	589	30.18	1:03.28	1:35.80
5.	Harrison LEES	03/01/01	Watford SC		2:09.51	585	29.87	1:03.10	1:36.81
6.	James CHENNELLS	11/10/01	Berkhamsted		2:10.39	574	29.11	1:02.29	1:37.06
7.	Cole JAMES	01/10/01	Hatfield		2:11.48	560	30.00	1:03.14	1:37.10
8.	Michael RIPPER	08/09/01	Harpenden		2:12.41	549	30.03	1:03.81	1:38.31
9.	John BOYLE	15/01/01	DunmowAtlant		2:19.68	468	30.66	1:05.93	1:42.55

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Luke TURLEY	24/03/00	Hatfield		1:58.49	745	27.90	58.35	1:27.95
2.	Reece NICHOLLS	13/03/00	Basildon Ph		2:02.13	688	28.94	59.85	1:31.34
3.	Harry CONSTANTINE	27/12/00	Hatfield		2:02.27	685	27.92	58.97	1:30.83
4.	James WOODWARD	04/03/00	Potters Bar		2:03.39	669	27.95	59.50	1:32.65
5.	Jake THOMAS-MANSFIELD	09/06/00	West Suffolk		2:03.47	668	28.25	59.19	1:31.49
6.	Tyler BERRY	24/08/00	Basildon Ph		2:03.48	668	28.51	1:00.37	1:32.33
7.	Max WILSON	23/05/00	Modernian		2:03.87	662	28.81	1:00.50	1:31.79
8.	Jack SPAIN	06/07/00	teamipswich		2:04.78	649	27.53	59.16	1:31.80
9.	David SHIPMAN	09/06/00	Potters Bar		2:05.24	642	28.73	1:01.19	1:34.13
10.	Benjamin GARRATT	11/05/00	Hatfield		2:05.31	641	28.96	1:00.88	1:32.96
11.	Myles TURNER	12/06/00	West Suffolk		2:05.40	640	29.47	1:01.47	1:34.11
12.	Jack RYAN	07/07/00	Mid Beds		2:06.62	623	28.80	1:00.61	1:33.83
13.	James BAYLEY	06/04/00	Basildon Ph		2:06.68	622	29.40	1:02.11	1:35.04
14.	Adam MARTIN	16/05/00	Potters Bar		2:06.72	622	28.94	1:02.11	1:34.97
15.	Bayley FINBOW	05/05/00	teamipswich		2:07.28	614	29.23	1:01.88	1:34.82
16.	Alex WALMSLEY	16/06/00	teamipswich		2:08.70	595	30.04	1:02.77	1:36.57
17.	Ryan MOGFORD	05/02/00	Chelmsford		2:10.99	566	29.41	1:02.09	1:36.05
18.	Harry WHITEMAN	06/07/00	Co Peterboro		2:11.34	562	29.51	1:03.75	1:37.27
19.	Callum HODGSON	07/12/00	Basildon Ph	14	2:26.42	404	32.21	1:10.96	1:49.13

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Regan LLOYD	15/03/97	teamipswich		1:54.41	814	27.25	55.65	1:24.76
2.	Nathan WELLS	23/01/98	West Norfolk		1:57.68	758	26.64	56.47	1:27.11
3.	George EPSLY	12/06/98	Basildon Ph		1:59.10	735	27.98	58.92	1:29.84
4.	Henry CHOONG	22/04/97	Co Cambridge		2:00.38	714	27.77	58.89	1:29.64
5.	Nathan BENTLEY	27/06/98	Hatfield		2:00.79	708	27.93	58.61	1:29.44
6.	Thomas SHERRIFF	14/08/95	Co St Albans		2:01.06	704	28.25	59.69	1:30.75
7.	Bradley VEITCH	24/03/99	Harlow Pen		2:01.20	702	28.12	58.89	1:29.93
8.	Stuart CLARKE	17/04/84	Bishop Stort		2:01.27	701	28.84	59.33	1:30.03
9.	Luke SUGDEN	15/09/99	Hatfield		2:01.64	695	27.66	58.54	1:30.19
10.	Alex PROFFITT	23/05/98	West Suffolk		2:02.00	690	28.18	59.45	1:31.03
11.	Peter WEBSTER	12/01/98	Hatfield		2:02.15	687	28.17	58.90	1:30.72
12.	Thomas WIGGINS	02/08/99	Co Peterboro		2:03.13	673	28.09	59.30	1:30.79
13.	Alexander MASON	05/08/96	Team Luton		2:03.47	668	29.24	1:00.73	1:32.28
14.	Thomas MCLAGAN	27/04/96	Chelmsford		2:04.86	648	28.53	1:00.12	1:32.61
15.	Alex EVENS	09/01/99	Hitchin		2:06.29	628	28.11	59.97	1:32.93
16.	Matthew WRIGHT	10/03/98	Team Luton		2:06.49	625	28.71	1:00.76	1:34.04
17.	Logan MOORE	26/12/98	St Felix Sch		2:06.92	619	29.04	1:00.76	1:33.69
18.	Louis HINES	20/12/97	Watford SC	14	2:09.54	584	30.15	1:04.97	1:37.77
19.	Adam TAPLEY	13/10/94	Co Cambridge		2:10.52	572	29.78	1:02.96	1:36.57
20.	Jordan CATCHPOLE	05/10/99	UEA Norwich	14	2:10.61	571	29.79	1:02.63	1:37.84
	Joshua DUGGAN	15/11/96	Hatfield		DNC				

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPoints	50	100	150
1.	Louis HINES	20/12/97	Watford SC	14	2:09.54	787	30.15	1:04.97	1:37.77
2.	Jordan CATCHPOLE	05/10/99	UEA Norwich	14	2:10.61	768	29.79	1:02.63	1:37.84
3.	Callum HODGSON	07/12/00	Basildon Ph	14	2:26.42	545	32.21	1:10.96	1:49.13



East Swimming

2016 Long Course Championships

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Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 326 Womens 200m Freestyle

Regional Records - Junior 2:02.50 Senior 2:00.85

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Molly FRANCIS	29/05/01	Hatfield		2:09.37	762	29.96	1:02.90	1:35.78
2.	Poppy RICHARDSON	27/08/01	Co Peterboro		2:13.63	700	30.11	1:03.69	1:38.63
3.	Chloe LENCE	19/08/01	Modemian		2:13.79	698	31.47	1:05.20	1:39.62
4.	Sonia TUMIOTTO	14/07/01	St Felix Sch		2:14.66	686	31.66	1:06.12	1:40.91
5.	Maddison SAUNDERS	30/10/01	Co Peterboro		2:15.49	674	31.85	1:06.72	1:41.50
6.	Lauren WATT	18/11/01	Newmarket		2:16.12	666	31.71	1:06.07	1:40.97
7.	Tilly ANEMA	09/12/01	Norwich Swan		2:16.94	655	31.55	1:06.78	1:42.32
8.	Alice FENDER	14/02/01	Hemel Hemp		2:16.96	655	31.95	1:07.20	1:43.06
9.	Holly JASZKIEWICZ	18/12/01	Co Peterboro		2:17.15	653	31.99	1:07.39	1:42.66
10.	Sophie TAYLOR	23/08/01	St Felix Sch		2:17.18	652	31.49	1:06.36	1:41.81
11.	Chloe OGDEN	03/06/01	Bishop Stort		2:17.73	645	31.89	1:06.88	1:42.69
12.	Isabelle MARSHALL	28/11/01	Basildon Ph		2:17.90	643	31.95	1:07.65	1:43.33
13.	Megan KEY	07/06/01	Canvey Isl		2:19.50	623	31.99	1:07.28	1:43.79
14.	Amy PEMBERTON	22/03/01	Berkhamsted		2:19.99	617	31.03	1:05.85	1:42.47
15.	Caitlin WATSON-DOTCHIN	13/04/01	Basildon Ph		2:21.28	601	32.46	1:07.94	1:44.58
	Louise FIDDES	26/03/01	Hatfield	14	DNC				

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Rebecca SHERWIN	14/06/00	teamipswich		2:07.30	794	29.35	1:01.49	1:34.35
2.	Laura COPPING	26/04/00	Hatfield		2:14.95	682	31.79	1:06.11	1:40.70
3.	Shannon STOTT	29/08/00	Co St Albans		2:15.08	680	30.85	1:05.11	1:40.53
4.	Chantal SMITH	13/01/00	Team Luton		2:15.87	669	31.42	1:05.80	1:41.57
5.	Katie CONYERS	12/04/00	Potters Bar		2:17.14	653	30.65	1:05.63	1:41.97
6.	Amber SHINE	10/08/00	Hatfield		2:19.28	625	31.92	1:07.83	1:43.98
7.	Poppy LEECH	01/08/00	Co Peterboro		2:20.58	609	31.79	1:07.76	1:44.35
8.	Abigail GREEN	13/08/00	Watford SC		2:20.90	606	32.21	1:08.37	1:44.87
9.	Susanna FRASER	09/02/00	Co Cambridge		2:21.25	601	32.39	1:08.30	1:45.11

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Cat	Time	GB Pts	50	100	150
1.	Abby SMITH	26/03/96	Harpenden		2:06.23	811	29.62	1:01.83	1:33.56
2.	Dolly TRIGG	16/05/98	teamipswich		2:11.23	734	30.41	1:03.74	1:37.57
3.	Leah ROUGHAN	03/09/99	Co Peterboro		2:11.89	725	30.37	1:03.40	1:37.19
4.	Abigail WHITING	14/03/99	West Norfolk		2:12.29	719	30.07	1:03.26	1:37.20
5.	Bethany SAUNDERS	24/09/99	Co Peterboro		2:12.37	718	30.77	1:04.63	1:38.12
6.	Rianna SMITH	21/06/98	Basildon Ph		2:13.04	708	30.93	1:04.69	1:38.93
7.	Alaina SCIFO	13/10/97	teamipswich		2:13.13	707	30.92	1:04.44	1:38.66
8.	Rebecca SCOTT	12/08/98	Hitchin		2:13.28	705	29.57	1:02.75	1:37.45
9.	Millie EMMANS	14/11/99	Co Cambridge		2:13.80	698	30.42	1:04.16	1:38.82
10.	Amber HUGHES	15/01/99	Hatfield		2:14.30	691	31.36	1:04.98	1:40.11
11.	Amy YOUNG	30/09/99	Bishop Stort		2:14.56	687	30.17	1:03.73	1:38.61
12.	Jessica WESTLAKE	20/01/99	St Felix Sch		2:14.67	686	30.85	1:05.30	1:40.41
13.	Aisling RUFF	22/05/98	Co Peterboro		2:15.05	680	31.19	1:05.55	1:40.64
14.	Nicola PASQUIRE	18/02/98	Team Luton		2:15.71	671	30.47	1:04.81	1:40.55
15.	Emily DOWDING	25/09/98	teamipswich		2:16.07	667	30.92	1:04.91	1:40.54
16.	Molly OLLINGTON	29/08/98	West Suffolk		2:16.12	666	30.67	1:04.83	1:40.29
17.	Tegan WOLLASTON	16/09/99	Cheshunt		2:16.60	660	31.16	1:05.88	1:41.47
18.	Martha DULEY	29/04/99	Colchester		2:17.01	654	31.23	1:06.41	1:42.06
19.	Alice SHERWIN	01/10/97	teamipswich		2:17.55	647	32.12	1:08.03	1:43.26
20.	Ellie MITCHELL	22/03/99	Runnymede		2:19.78	619	31.88	1:07.12	1:43.25

Combined Result - Multi-Disability by British Disability Points

Place	Name	DoB	Club	Cat	Time	BDPoints	50	100	150
	Louise FIDDES	26/03/01	Hatfield	14	DNC				



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Weekend One - Norwich
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EVENT 327 Mens 50m Butterfly

Regional Records - Junior 26.36 Senior 23.96

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Matthew TITMAN	21/07/01	Co Cambridge	27.79	643
2.	Charles RAYNER	22/05/01	Hatfield	28.00	630
3.	Joshua SMITH	08/02/01	DunmowAtlant	28.45	603
4.	Samuel BRYAN	21/05/01	Basildon Ph	28.55	597
5.	Joel CLARKE	24/05/01	UEA Norwich	28.78	583
6.	Taylor BOWEN	19/02/01	West Suffolk	28.79	583
7.	William PICTON	27/03/01	Bishop Stort	29.15	563
8.	William STEEL	25/09/01	Co Peterboro	29.19	560
9.	Harrison LEES	03/01/01	Watford SC	29.23	558
10.	Zachary PATEL	31/12/01	Berkhamsted	29.29	555
11.	Nicholas PERKINS	08/03/01	UEA Norwich	29.32	553
12.	Kohei WATANABE	19/10/01	Hatfield	29.36	551
13.	Mason BRAND	07/10/01	Berkhamsted	29.47	545
14.	James MCFARLAND	30/01/01	Mid Beds	29.50	543
15.	Jacob CLARKE	27/01/01	West Suffolk	29.72	532
16.	Andrei GARE	02/10/01	Southend	30.05	515
17.	John TELENSKY	27/05/01	Harpenden	30.12	511
18.	Michael SHARP	26/03/01	Epping Fort	30.20	507
19.	Maxim DE WILDT	28/08/01	Co Cambridge	30.23	506
20.	Lewis BAYLEY	09/03/01	Southend	30.36	499
21.	Max JELFS	27/03/01	Hemel Hemp	30.62	486
22.	George HART	21/07/01	Mid Beds	30.80	478

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Benjamin GARRATT	11/05/00	Hatfield	26.68	718
2.	David SHIPMAN	09/06/00	Potters Bar	27.33	673
3.	Callum DAVIS	15/05/00	Bishop Stort	27.40	669
4.	Jamie HOYES	20/07/00	Berkhamsted	27.74	647
5.	James WOODWARD	04/03/00	Potters Bar	27.79	643
6.	Jake THOMAS-MANSFIELD	09/06/00	West Suffolk	27.84	640
7.	Harry JONES	02/02/00	Hitchin	27.87	638
8.	Jack SPAIN	06/07/00	teamipswich	27.91	636
9.	Harvey JOLLY	29/10/00	Basildon Ph	27.93	635
10.	Matthew BENTLEY	16/03/00	Hatfield	28.09	625
11.	Oliver PYLE	30/04/00	West Suffolk	28.12	623
12.	Harry WESTON	21/03/00	Norwich Swan	28.14	622
13.	Reece NICHOLLS	13/03/00	Basildon Ph	28.18	619
14.	Samuel PECK	21/07/00	UEA Norwich	28.22	617
15.	Ryan SMITH	05/01/00	UEA Norwich	28.23	616
16.	Lucas DYSON-DIAZ	05/09/00	Hatfield	28.48	601
17.	James BLOUNT	09/11/00	Potters Bar	28.50	600
18.	Adam MARTIN	16/05/00	Potters Bar	28.71	588
19.	Daniel LUSH	16/06/00	Cheshunt	28.72	587
20.	Matthew GRAY	25/01/00	Co Peterboro	28.78	583
21.	Harry WHITEMAN	06/07/00	Co Peterboro	29.23	558
22.	Ryan MOGFORD	05/02/00	Chelmsford	29.40	549
23.	Thomas OWEN	31/01/00	UEA Norwich	29.48	544
	Harry CONSTANTINE	27/12/00	Hatfield	DQ 7	

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Peter WEBSTER	12/01/98	Hatfield	25.46	810
2.	Liam DOONAN	04/04/96	UEA Norwich	26.20	753
2.	Oliver PERRY	28/03/99	Hatfield	26.20	753
4.	Dominic SCIFO	29/12/99	teamipswich	26.36	741
5.	Jamie MCLAUGHLIN	17/02/97	DunmowAtlant	26.52	729
6.	George EPSLY	12/06/98	Basildon Ph	26.53	729
7.	Calum FERGUSON	21/03/96	Co Cambridge	26.56	727
8.	Sonny TRIGG	09/12/95	teamipswich	26.69	717
9.	Harry PARKER	30/07/98	Hatfield	27.10	689
10.	Mason ARNOLD	22/11/97	Harlow Pen	27.18	683
11.	Alec BURCHELL	18/12/98	Hitchin	27.35	672
12.	Harry WEARS	23/07/97	Leighton Buz	27.40	669
13.	Thomas SHERRIFF	14/08/95	Co St Albans	27.78	644
14.	Dalton YALLOP	13/01/97	UEA Norwich	27.82	642
15.	Ignacio LARGHERO	08/07/99	Newmarket	27.83	641
16.	Cameron MANLEY	09/08/99	Linslade	27.95	633
17.	Peter TODD	15/11/97	St Ives	28.00	630
18.	Michael JUDD	17/07/98	Dunstable	28.11	623
19.	Stuart CLARKE	17/04/84	Bishop Stort	28.17	620
20.	Luke SUGDEN	15/09/99	Hatfield	28.19	618



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21. Oliver NEWTON	24/06/99	West Norfolk	28.23	616
22. Oliver FITT	10/07/99	St Ives	28.26	614
22. Joshua GRAVES	19/09/97	Co Peterboro	28.26	614
24. Kieran WHIGHT	28/07/96	Deben	28.33	610
25. Oliver KENNY	21/08/97	UEA Norwich	28.43	604
26. Alex PROFFITT	23/05/98	West Suffolk	28.57	596
27. Louis SPONG	07/11/99	DunmowAtlant	28.60	594
28. Bradley VEITCH	24/03/99	Harlow Pen	28.62	593



East Swimming
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& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 328 Womens 50m Butterfly

Regional Records - Junior 27.84 Senior 27.50

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Poppy RICHARDSON	27/08/01	Co Peterboro	30.67	653
2.	Philippa AMOS	07/09/01	Hitchin	30.86	642
2.	Sonia TUMIOTTO	14/07/01	St Felix Sch	30.86	642
4.	Imogen COOKE	28/03/01	UEA Norwich	30.87	642
5.	Jessica MANSFIELD	28/01/01	Huntingdon	30.89	641
6.	Celeste ANDREW	08/02/01	Harlow Pen	30.97	636
7.	Martine TRAN	07/08/01	Thurrock	31.17	625
8.	Bryony PACK	04/05/01	West Norfolk	31.40	612
9.	Angel DUNDERDALE	07/08/01	UEA Norwich	31.94	583
10.	Josie PRETIOUS-WHITE	30/10/01	Bishop Stort	32.04	578
11.	Ellen NORTHWOOD	23/03/01	Berkhamsted	32.06	577
12.	Emma LESLIE	05/04/01	Co Peterboro	32.16	572
13.	Evie HARRINGTON	13/02/01	Co Cambridge	32.23	569
14.	Isabelle MARSHALL	28/11/01	Basildon Ph	32.38	561
15.	Lucy KEITH	14/12/01	Leighton Buz	32.43	558
16.	Katie WHITE	24/12/01	Colchester	32.46	557
16.	Ellie-Mae SMITH	03/10/01	teamipswich	32.46	557
18.	Alicia SLATER	21/05/01	Potters Bar	32.99	531
19.	Lauren WILSON	25/07/01	Mid Beds	33.91	490

16 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Elinah PHILLIP	03/04/00	Bishop Stort	28.57	787
2.	Elinor DULEY	19/11/00	Colchester	29.30	738
3.	Brooke FROST	13/08/00	Basildon Ph	29.88	701
4.	Shannon STOTT	29/08/00	Co St Albans	30.02	692
5.	Meghan MAYBANKS	15/12/00	DunmowAtlant	30.64	655
6.	Eleanor LLEWELLYN	09/09/00	West Suffolk	30.76	648
7.	Georgina TALLON	11/12/00	Potters Bar	30.85	643
8.	Georgina CURTIS	04/10/00	Mid Beds	30.95	637
9.	Beth EDWARDS	27/10/00	West Suffolk	31.11	628
10.	Hannah MCNAUL	04/07/00	West Suffolk	31.19	624
11.	Abigail WEBB	14/09/00	Deben	31.24	621
12.	Eleanor KING	16/05/00	Dunstable	31.26	620
13.	Mollie SMITH	13/09/00	UEA Norwich	31.49	607
14.	Georgia HARROD	14/09/00	Chelmsford	31.70	596
15.	Olivia HARRISON	02/07/00	Chelmsford	32.00	580
16.	Isabella DYOS	08/10/00	Basildon Ph	32.15	573
17.	Rachel WELLINGS	20/02/00	Co Peterboro	32.28	566
18.	Megan COOK	01/03/00	Harlow Pen	32.31	564
19.	Hannah BRECKNELL	25/02/00	West Suffolk	32.32	564
20.	Peyton EWBank	03/09/00	Norwich Swan	32.36	562
21.	Abigail GREEN	13/08/00	Watford SC	32.44	558
22.	Abigaily STILL	23/09/00	Thurrock	32.92	535
23.	Nicola CROLLA	28/09/00	Modernian	33.07	528

17 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	GB Pts
1.	Georgina PRYOR	17/06/98	Harlow Pen	28.26	809
2.	Mollie ALLEN	24/10/98	Co Peterboro	28.67	780
3.	Rikke NAGELL-KLEVEN	30/04/95	UEA Norwich	28.96	761
4.	Martha DULEY	29/04/99	Colchester	29.66	715
5.	Agatha MALIKOVA	11/09/95	Co Cambridge	29.68	713
6.	Molly OLLINGTON	29/08/98	West Suffolk	29.78	707
7.	Katarina BLANCO	13/06/97	Basildon Ph	29.80	706
8.	Rebecca BURTON	14/12/98	Co Peterboro	29.94	697
9.	Bethany SAUNDERS	24/09/99	Co Peterboro	29.97	695
10.	Bethany SAMPHER	22/09/99	West Suffolk	30.09	688
11.	Tara COLEMAN	11/04/96	Leiston	30.22	680
12.	Lana MO	06/09/99	West Suffolk	30.28	676
13.	Amy YOUNG	30/09/99	Bishop Stort	30.35	672
14.	Abigail WHITING	14/03/99	West Norfolk	30.57	659
15.	Kate MCQUAID	01/04/98	Hatfield	30.67	653
16.	Faye HERMON	19/11/99	Felixstowe	30.81	645
17.	Emma YULE	09/12/98	Dunstable	30.88	641
18.	Beatrice BARDER	12/08/99	Co St Albans	30.96	637
19.	Alison BINNS	02/01/96	Bushey	31.04	632
20.	Jessica PAYNE	01/01/98	Leighton Buz	31.22	622
21.	Amarah PHILLIP	30/08/98	Bishop Stort	31.32	616
21.	Jessica WESTLAKE	20/01/99	St Felix Sch	31.32	616
21.	Lauren GRICE	21/05/99	Leighton Buz	31.32	616
24.	Dina DAY	11/03/99	Runnymede	31.52	606
25.	Tia COLBY	28/07/98	Basildon Ph	31.75	593