

## Basildon Long Course Open Meet

A SMALL contingent of Hitchin swimmers competed against a number of top UK club swimmers at the Basildon Long Course Open Meet.

Meeting the challenging qualifying times to compete in this meet was the first achievement.

The stand-out performance came from Alec Burchell, who took silver in the 50m fly with a new Long Course personal best (PB) time of 27.76. Alec also had good solid swims in the 100m and 200m free just missing the top 10 in the open age group.

Other individual highlights came from: Daniel English, 13, 6th place in his 100m fly age group, setting a new PB Long Course time of 1:12.16; Daria Teobald, 12, made the top 10 in her age group in the 100m breast; and Freya Harwood, 11, recorded Long Course PBs in the 50m fly, 39.03 and 100m free 1:15.15.

Glenn Harrison, 13, shaved off over a second of his 50m back PB with a time of 34.44, but his best performance came from his superb 100m free, where he set a new LC PB with 1:05.12 .

Hannah Currell, 16, took 4th place in the 15 years and over age group, in a tough 200m fly event.

Harry Jones, 16, finished 6th in his two fly events, the 200m and 100m fly, setting new PB LC time of 2:20.37 in the longer race.

Isabel Percy, 15, swam a quick 50m fly improving her time to a new LC PB of 34.14.

Jack Emerson, 15, took 7th place in the 200m backstroke in the 15 and over age group.

Jamie Brackston, 14, made the top 10 in his age group in the 100m back, just outside his PB time. Jamie went on to swim a fantastic 50m free in a LC PB time of 29.13.

Martin Russell-Rogers, 17, had a fantastic swim in the 50m breast taking 7th place and picking up a new LC PB time of 32.74. Martin also gained a top 10 place in the 200m breast coming in 6th and in the 100m breast finishing 7th in the 15 and over age group.

Ollie Owen, 13, swam a fast 200m free in a new LC PB time of 2:22.38.

Hitchin Swimming Club's fastest girl, Rebecca Scott, 17, took 6th place in the long 400m free in a new LC PB time of 4:38.19, 7th overall in the 200m free, and 9th in the 100m free in the 15 and over age group.

Sonja Lowden, 13, swam a good race to the end in the 100m breast, finishing 5th in her age group in a new LC PB time of 1:23.97. Sonja took 10th place in the 50m breast in another PB time of 38.98 and fourth place in the 200m breast in her age group. Sonja also showed promise in the 50m free with a PB time of 32.38 .