



East Swimming
2017 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend two - Norwich
27th, 28th, & 29th May 2017
(Licensed Meet No. 1ER170220)

EVENT 421 Womens 200m IM

Regional Record Junior - 2:16.12

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Charlotte NORMAN	12	Colchester	2:42.06	566	36.02	1:16.09	2:04.98
2.	Holly LAMB	12	Southend	2:42.57	561	35.24	1:17.59	2:06.00
3.	Matilda BOGLE	11	teamipswich	2:42.94	557	35.54	1:17.33	2:07.03
4.	Emily COOPER	12	Basildon Ph	2:43.42	552	34.76	1:15.01	2:05.41
5.	Anita TIEN	12	Colchester	2:43.54	551	35.57	1:17.59	2:05.59
6.	Ruby DAGLESS	12	Dereham	2:43.63	550	34.47	1:17.28	2:05.03
7.	Charlotte WHITE	12	West Suffolk	2:43.96	547	36.18	1:20.61	2:06.25
8.	Leah WIGHTMAN	12	West Norfolk	2:48.03	509	35.53	1:16.61	2:08.09
9.	Lucy COIA-BELL	12	Co St Albans	2:49.70	494	36.53	1:22.59	2:11.38
10.	Amy PAGET	12	Co Peterboro	2:49.84	493	38.29	1:23.03	2:13.51
10.	Sophie LANDER	12	Stowmarket	2:49.84	493	37.47	1:21.55	2:12.17
12.	Jessica MAHONEY	12	Co Peterboro	2:52.10	474	37.53	1:20.14	2:12.66
13.	Ella TURNER	12	Basildon Ph	2:54.88	451	39.32	1:23.66	2:16.34

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Sophie FREEMAN	13	Colchester	2:31.36	684	30.74	1:10.11	1:57.88
2.	Brenna HOWELL	13	Co Peterboro	2:37.65	612	32.48	1:13.60	2:01.69
3.	Charlotte ABRAMSON	13	UEA Norwich	2:37.82	610	33.83	1:15.89	2:00.67
4.	Millie FIELDS	13	Bishop Stort	2:37.98	608	35.36	1:16.21	2:01.75
5.	Georgina MUNDAY	13	Modernian	2:39.10	596	34.45	1:16.92	2:03.17
6.	Ella MCGHIE	13	Co Peterboro	2:39.16	596	35.77	1:15.76	2:03.13
7.	Sophie GRIFFIN	13	Co Peterboro	2:39.74	590	33.83	1:13.59	2:01.11
8.	Ciara WOOKEY	13	Colchester	2:39.95	587	34.25	1:17.54	2:02.22
9.	Niamh KELLY	13	Hatfield	2:41.06	576	35.43	1:19.13	2:03.74
10.	Polly FISH	13	Co Cambridge	2:41.56	571	33.19	1:18.05	2:02.87
11.	May BRADBURN	13	Chelmsford	2:41.74	569	33.58	1:16.56	2:07.27
12.	Brooke JENKINS	13	Southend	2:41.91	567	34.79	1:15.99	2:06.15
13.	Charlotte TREE	13	Colchester	2:41.97	567	35.94	1:18.55	2:04.20
14.	Lucy MORGAN	13	Colchester	2:42.02	566	35.83	1:17.26	2:05.91
14.	Holly GRAVES	13	Co Peterboro	2:42.02	566	36.42	1:16.75	2:06.33
16.	Astrid HUBBARD	13	West Norfolk	2:42.35	563	34.74	1:16.53	2:05.33
17.	Jessica KEOGH	13	Hatfield	2:42.87	558	35.32	1:14.10	2:08.10
18.	Tess WESLEY	13	Newmarket	2:43.50	552	38.00	1:20.31	2:06.74
19.	Ela NORTON	13	Hatfield	2:44.53	542	35.40	1:22.13	2:07.46
20.	Lucy HUDSON	13	West Suffolk	2:44.73	540	35.24	1:17.86	2:07.75
21.	Caitlin LOO	13	Hatfield	2:44.92	538	35.71	1:19.64	2:07.85
22.	Bruna REBELO	13	Hatfield	2:45.97	528	35.53	1:18.50	2:07.15
23.	Hannah DALEY	13	Co Peterboro	2:46.46	523	37.64	1:21.02	2:09.07
24.	Eloise PARTON	13	Co Cambridge	2:46.71	521	37.96	1:21.26	2:10.02
25.	Ella HOUSTON	13	Deben	2:47.47	514	35.95	1:17.67	2:08.40
26.	Claudia LITTLE	13	Bo Southend	2:50.48	487	37.00	1:22.30	2:12.42
27.	Cerys WILLIAMS	13	West Suffolk	2:50.66	486	35.66	1:19.78	2:11.03

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Angharad EVANS	14	West Suffolk	2:30.99	689	33.17	1:15.49	1:57.47
2.	Orla KEAVENEY	14	Modernian	2:31.79	679	33.68	1:13.36	1:57.32
3.	Erin O'MEARA	14	Watford SC	2:31.89	678	32.11	1:14.14	1:57.02
4.	Ella HALE	14	West Suffolk	2:33.95	653	32.26	1:14.92	1:59.09
5.	Grace KING	14	teamipswich	2:35.47	636	33.34	1:15.41	1:58.28
6.	Lucie PECK	14	West Norfolk	2:35.67	634	33.39	1:14.50	1:59.93
7.	Jessica WOODWARD	14	Potters Bar	2:35.93	631	32.93	1:15.14	2:00.64
8.	Matilda MEYRICK	14	Norfolk Vikg	2:36.06	629	33.79	1:12.50	2:00.73
9.	Imogen BLOOMFIELD	14	Co Cambridge	2:38.46	603	35.26	1:18.59	2:02.15
10.	Gemma HANSON	14	Hatfield	2:40.65	580	33.73	1:15.52	2:03.02
11.	Isabelle SOULSBY	14	Berkhamsted	2:41.38	573	34.74	1:16.54	2:03.34
12.	Charlotte HUDSON	14	West Suffolk	2:41.58	571	34.03	1:17.10	2:05.76
13.	Iona TRAINER	14	Co Ely	2:41.69	570	34.73	1:17.14	2:04.84
14.	Daisy SANDON	14	Stevenage	2:42.42	562	34.45	1:16.19	2:06.41
15.	Madison SMITH	14	Stanway	2:44.41	543	35.00	1:17.12	2:06.40
16.	Isabelle ROSHER	14	teamipswich	2:44.84	539	36.10	1:20.35	2:06.35
17.	Libby MAGILL	14	Hatfield	2:53.87	459	36.96	1:20.97	2:13.34
	Sara KALAWSKA	14	Hatfield	DNC				
	Katie HAMMOND	14	Co Cambridge	DQ				



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EVENT 422 Mens 100m Backstroke

Regional Record Junior - 58.37

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Jack HILL	12	Linslade	1:12.19	435	35.08
2.	Joseph BAVEY	12	Newmarket	1:12.74	424	36.06
3.	Oskar FARKAS	12	Co Cambridge	1:13.61	409	35.69
4.	Aidan PILCHER	12	teamipswich	1:13.68	407	36.35
5.	Jude HILLS	12	Bo Southend	1:13.80	405	36.16
6.	Jenson HURRELL	12	Thurrock	1:14.49	393	35.80
7.	Samuel PYEFINCH	12	Tring	1:15.40	378	36.65
8.	Nikita CHARYKIN	11	Thurrock	1:16.89	354	37.45
9.	Oliver CARPENTER	12	Co St Albans	1:17.06	352	37.41
10.	Michael CONNICK	12	Deben	1:17.25	349	37.73
11.	Benjamin ASHDOWN	12	Modernian	1:17.54	344	38.52
12.	Joseph MCGILLIVRAY	12	Lstof & OB	1:17.90	339	37.79
13.	Kieran BIRKETT	12	Co St Albans	1:18.00	338	38.16
14.	Daniel DIXON	12	Brentwood	1:18.54	330	38.45
15.	Joseph KENNY	12	Leiston	1:18.60	329	37.68
16.	Mitchell TAMBLIN	12	Norwich Swan	1:18.84	326	37.80
17.	Hayden MILLER	12	Braintree	1:19.04	323	38.56
17.	Aidan CLARKSON	12	DunmowAtlant	1:19.04	323	38.50
19.	Max PATTEN	12	Stanway	1:19.08	322	38.32
20.	Billy KNIBB	12	Linslade	1:19.30	319	38.27
21.	Matthew BROWN	12	Stowmarket	1:19.50	316	38.67
22.	Jack JUGGINS	11	Team Luton	1:19.73	313	38.26
23.	Finley COMAN	12	Gt Yarmouth	1:20.00	310	39.39
24.	Robbie CRUICKSHANKS	11	teamipswich	1:20.08	308	39.26
25.	George GRICE	12	UEA Norwich	1:20.34	305	38.62
26.	Olivier VEDRENNE	12	UEA Norwich	1:20.35	305	38.96
27.	Harrison BELL	12	St Felix Sch	1:20.81	299	38.91
28.	Harley ALLAN	12	Modernian	1:20.95	297	38.98
29.	Maximillion PYE	12	Epping For't	1:21.37	292	39.17
30.	Matthew MONIE	12	Co Cambridge	1:21.40	291	39.24
31.	Ethan ANGEL	11	teamipswich	1:22.96	272	40.42

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Chester LEEEMING	13	St Felix Sch	1:06.19	564	32.48
2.	Naythan AUNG	13	Colchester	1:08.47	511	33.87
3.	Thomas OGDEN	13	Bishop Stort	1:08.65	507	33.61
4.	William PARSONS	13	Deben	1:10.05	477	34.10
5.	Ketan RACH	13	Watford SC	1:10.23	473	33.90
6.	Ethan GELL	13	Linslade	1:10.25	473	34.77
7.	Rhys DAVIDSON	13	Team Luton	1:10.42	469	34.15
8.	Jack SKERRY	13	Chelmsford	1:11.41	450	35.08
9.	Akshay PISSAY	13	UEA Norwich	1:11.53	447	35.03
10.	Kai CHENG	13	Colchester	1:12.32	432	34.90
10.	Fabian BRUDNICKI	13	Co Peterboro	1:12.32	432	34.86
12.	Oscar BRICE	13	Co St Albans	1:12.38	431	35.11
13.	Connor WALKER	13	Co Peterboro	1:13.00	420	35.97
14.	Tom MALIA	13	Flitwick	1:13.47	411	35.54
15.	Ben KNOWLES	13	Wisbech	1:13.73	407	35.95
16.	Brandon RILEY	13	Lstof & OB	1:14.02	401	35.93
17.	Oliver ROGERS	13	Saffron Wald	1:14.52	393	35.85
18.	Benjamin GREEN	13	Watford SC	1:15.01	385	35.94
19.	Henry DUNCAN	13	Co Cambridge	1:15.18	382	36.67
20.	Robert ADDIS	13	West Norfolk	1:15.28	380	35.72
21.	Joab CARR	13	St Felix Sch	1:15.30	380	36.79
22.	Tyler JACKSON	13	Harlow Pen	1:15.84	371	36.40
23.	Samuel SMITH	13	Wisbech	1:16.49	361	36.42
24.	Luke BARTON	13	Lstof & OB	1:16.92	354	37.36
25.	Samuel RENNIE	13	Braintree	1:16.94	354	37.81
26.	Matthew WEIMANN	13	Co Cambridge	1:16.99	353	37.14
27.	Erivan SHILANI	13	Co Peterboro	1:18.09	336	37.23
28.	Tyler WATSON	13	Flitwick	1:18.50	330	37.90
29.	Taylor COE	13	Cheshunt	1:18.71	327	37.74



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Walter HACKETT	14	Dunstable	1:05.70	576	31.94
2.	Samuel ROSE	14	West Norfolk	1:06.65	553	33.12
3.	Daniel MURTAGH	14	Hatfield	1:06.89	547	33.20
4.	Zane BATT	14	Cheshunt	1:07.00	545	32.25
5.	Henry NEWELL	14	Newmarket	1:07.96	522	33.43
6.	Finn JEFFERY	14	St Felix Sch	1:08.22	517	33.28
7.	Alexander CATTON	14	Bishop Stort	1:08.71	506	32.87
8.	Connor GILLINGHAM	14	West Suffolk	1:08.77	504	33.64
9.	Harry MCLAGAN	14	Chelmsford	1:09.30	493	33.29
10.	Alfie KING	14	Thetford	1:09.45	490	33.86
11.	Charlie KING	14	Co St Albans	1:09.47	489	33.93
12.	Luke PESTAILLE	14	Hatfield	1:09.54	488	33.73
13.	Ciaran RICHES	14	West Suffolk	1:09.70	484	33.92
14.	Samuel COSTIN	14	Basildon Ph	1:10.22	474	33.85
15.	Ben WOODHOUSE	14	Norwich Swan	1:10.25	473	33.47
16.	Thomas BELCHER	14	Modernian	1:10.27	473	33.50
17.	Ciaran COOK	14	Co St Albans	1:10.33	471	35.10
18.	Nathaniel OLAYOMI	14	Watford SC	1:10.46	469	34.04
19.	Matthew NEWSON	14	Co Peterboro	1:10.53	467	33.89
20.	Michael FREEMAN	14	Chelmsford	1:10.81	462	34.25
21.	Samuel MILLER	14	Bo Southend	1:10.83	461	33.83
22.	Jack RICHARDSON	14	DunmowAtlant	1:10.85	461	33.87
23.	Jack CONROY	14	Thurrock	1:10.98	458	33.62
24.	Teal'K SMITH	14	Beccles Town	1:11.30	452	34.13
25.	Marco TONTODONATI	14	Bishop Stort	1:11.51	448	34.07
26.	Daniel BLERKOM	14	Southend	1:11.67	445	34.93
27.	Luke NIJKAMP	14	Berkhamsted	1:11.83	442	35.34
28.	Matteo LO BIUNDO	14	Hitchin	1:12.20	435	34.73
29.	Cole SHEPARD	14	Basildon Ph	1:12.23	434	34.52
30.	Oliver ELLISON	14	Dunstable	1:12.94	421	34.50
31.	Daniel WHITE	14	St Felix Sch	1:13.33	414	35.30
32.	Matthew MUNNINGS	14	Diss Otters	1:13.39	413	35.13
33.	Joseph PANNESE	14	Co St Albans	1:16.42	362	36.61



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EVENT 423 Womens 100m Freestyle

Regional Record Junior - 57.15

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Erin LITTLE	12	Chelmsford	1:05.15	603	31.60
2.	Francesca LOW	12	Chelmsford	1:05.99	582	31.41
3.	Matilda BOGLE	11	teamipswich	1:06.35	573	32.63
4.	Daisy MOXHAM	12	Co Cambridge	1:06.37	572	31.72
5.	Ruby DAGLESS	12	Dereham	1:07.01	557	32.37
6.	Karys-Rose BUNN	11	teamipswich	1:07.41	547	33.41
7.	Ciara TAYLOR	12	Co Ely	1:07.42	547	31.28
7.	Ella NIJKAMP	12	Berkhamsted	1:07.42	547	32.58
9.	Valeria GIRON	12	Hatfield	1:07.50	545	32.55
10.	Emilia DUNWOODIE	12	Co St Albans	1:07.63	542	31.99
11.	Macey POUNTAIN	12	UEA Norwich	1:07.73	540	31.96
12.	Abigail GOTTS	12	Norfolk Vikg	1:07.76	539	32.87
13.	Sophie LANDER	12	Stowmarket	1:07.77	539	33.55
14.	Holly LAMB	12	Southend	1:07.83	537	32.83
15.	Anita TIEN	12	Colchester	1:07.95	535	32.60
16.	Erin WILKINSON	12	Southend	1:08.17	530	33.02
17.	Michaela TAIWO	12	Thurrock	1:08.51	522	32.43
18.	Leah WIGHTMAN	12	West Norfolk	1:08.65	519	32.88
19.	Ruby GREENHALF	12	UEA Norwich	1:09.12	508	33.68
20.	Ruby WHEELER	11	Basildon Ph	1:09.52	500	33.22
21.	Anastasia WILKINSON	12	Hatfield	1:09.85	493	33.39
22.	Gemma NOTTAGE	12	Watford SC	1:09.88	492	33.18
23.	Teni OGUNLESI	12	Thurrock	1:10.06	488	32.26
24.	Emily COOPER	12	Basildon Ph	1:10.51	479	33.40
25.	Megan BUNCLARK	12	Leiston	1:10.54	478	34.08
26.	Jessica SHAW	12	March	1:12.12	447	34.08
27.	Helena HALL	12	Deben	1:12.26	444	33.91

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	13	Colchester	1:00.83	727	29.24
2.	Safia BUTTON	13	teamipswich	1:01.18	716	29.81
3.	Carys BREALEY	13	Harlow Pen	1:03.59	645	30.41
4.	Grace WALLER	13	Basildon Ph	1:03.91	636	30.47
5.	Harriet SALISBURY	13	Co Peterboro	1:04.46	621	30.62
6.	Jessica KEOGH	13	Hatfield	1:04.48	621	30.50
7.	Imogen BLOCK	13	Lstof & OB	1:04.68	616	31.69
8.	Ellie HOLLISS	13	Co St Albans	1:04.89	610	30.43
9.	Caitlin LOO	13	Hatfield	1:05.15	603	31.90
10.	Millie FIELDS	13	Bishop Stort	1:05.39	597	31.81
11.	Millie DUDLEY	13	Dunstable	1:05.63	591	31.54
12.	Polly FISH	13	Co Cambridge	1:05.91	584	32.00
13.	Kiara KOVACS	13	Co Peterboro	1:06.04	581	31.45
14.	Lucy MORGAN	13	Colchester	1:06.11	579	31.99
15.	Rachel ANDREWS	13	C Beds SS	1:06.13	578	32.01
16.	Maddie LEES	13	DunmowAtlant	1:06.19	577	31.56
17.	Georgina MUNDAY	13	Modernian	1:06.38	572	31.68
18.	Lucy HUDSON	13	West Suffolk	1:06.40	572	31.93
19.	Eloise PARTON	13	Co Cambridge	1:06.53	568	31.59
20.	Brenna HOWELL	13	Co Peterboro	1:06.74	563	31.72
21.	Charlotte ABRAMSON	13	UEA Norwich	1:06.79	562	32.34
22.	Emma TAPPENDEN	13	Basildon Ph	1:06.91	559	32.23
23.	Ruby COLLINS	13	Dunstable	1:06.99	557	32.21
24.	Hannah DALEY	13	Co Peterboro	1:07.04	556	31.26
25.	Gemma PETERS	13	UEA Norwich	1:07.05	556	32.80
26.	May BRADBURN	13	Chelmsford	1:07.23	552	32.69
27.	Isabel JONES	13	Leighton Buz	1:07.52	545	32.30
28.	Nancy NEAVE	13	Braintree	1:07.67	541	31.51
29.	Ela NORTON	13	Hatfield	1:07.77	539	32.60
30.	Cerys WILLIAMS	13	West Suffolk	1:08.35	526	31.99
31.	Daisy WILSON	13	Co Cambridge	1:08.42	524	32.78
32.	Bruna REBELO	13	Hatfield	1:08.60	520	33.04
33.	Ciara WOOKEY	13	Colchester	1:10.01	489	32.43
	Astrid HUBBARD	13	West Norfolk	DQ		



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Annabelle BURGESS	14	teamipswich	1:01.43	708	30.15
2.	Sacha THOMAS	14	UEA Norwich	1:01.54	705	29.87
3.	Angharad EVANS	14	West Suffolk	1:01.82	696	30.15
4.	Isabel WAINWRIGHT	14	Modernian	1:02.51	676	30.23
5.	Libby DUNFORD	14	Hoddesdon	1:03.47	649	30.68
6.	Ella HALE	14	West Suffolk	1:03.50	648	30.42
7.	Jessica HEESOM	14	Potters Bar	1:03.68	643	30.24
8.	Mia YATES	14	Felixstowe	1:03.80	639	30.94
9.	Jessica WOODWARD	14	Potters Bar	1:03.86	638	31.60
10.	Tilly MAYES	14	Thurrock	1:03.87	638	30.60
11.	Sophie TAYLOR	14	DunmowAtlant	1:03.90	637	31.17
12.	Bianka MISIKOVA	14	Hatfield	1:03.93	636	30.86
13.	Emma CRUICKSHANKS	14	teamipswich	1:03.96	635	30.60
14.	Lily MERRETT	14	Hoddesdon	1:04.37	624	30.91
15.	Charlotte HUDSON	14	West Suffolk	1:04.56	619	31.26
16.	Gemma HANSON	14	Hatfield	1:04.74	614	31.21
17.	Emily WHYTE	14	teamipswich	1:04.78	613	31.34
18.	Eve WRIGHT	14	Co Peterboro	1:04.90	610	31.02
19.	Iona TRAINER	14	Co Ely	1:04.91	610	31.19
20.	Abbie BARNWELL	14	Team Luton	1:05.17	603	31.22
21.	Annika BROWN	14	teamipswich	1:05.25	601	31.18
22.	Lucie PECK	14	West Norfolk	1:05.77	587	32.13
23.	Katie HAMMOND	14	Co Cambridge	1:05.87	585	32.17
24.	Hannah O'CONNOR	14	West Suffolk	1:06.53	568	32.13
25.	Rebecca GIROLAMI	14	Colchester	1:06.71	564	32.07
26.	Lauren YOUNG	14	Hatfield	1:08.02	533	32.70
	Sara KALAWSKA	14	Hatfield	DNC		



East Swimming
2017 Long Course Championships
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Weekend two - Norwich
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(Licensed Meet No. 1ER170220)

EVENT 424 Mens 50m Freestyle

Regional Record Junior - 24.04

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Oskar FARKAS	12	Co Cambridge	29.62	418
2.	Finley COMAN	12	Gt Yarmouth	29.65	417
3.	Jude HILLS	12	Bo Southend	29.68	415
4.	Samuel PYEFINCH	12	Tring	30.17	394
5.	Enzo LIM	12	Watford SC	30.28	389
6.	Aidan PILCHER	12	teamipswich	30.41	384
7.	Benjamin ASHDOWN	12	Modernian	30.44	383
8.	Marcus MOSCUZZA	12	St Felix Sch	30.45	382
9.	Colin MOGHINA	12	Thurrock	30.53	379
10.	Elliot GLADWELL	12	Hadleigh	30.59	377
11.	Edward MERHAN	12	West Suffolk	30.61	376
12.	Max PATTEN	12	Stanway	30.93	363
13.	Joseph BAVEY	12	Newmarket	30.97	362
14.	Mason ALLEN	11	Basildon Ph	31.01	360
15.	James BELL	12	Norwich Swan	31.02	360
16.	Jack HILL	12	Linslade	31.06	358
17.	Finn MEENAN	12	Dunstable	31.26	351
18.	Ryan ROBERTS	12	Dunstable	31.28	350
19.	Alasdair WOOLGROVE	12	Co St Albans	31.34	348
19.	James O'CONNOR	12	West Suffolk	31.34	348
21.	Mitchell TAMBLIN	12	Norwich Swan	31.39	346
22.	Billy MEAD	12	Dunstable	31.56	339
23.	Olivier VEDRENNE	12	UEA Norwich	31.57	339
24.	Alexander MASON	12	Potters Bar	31.58	339
24.	Jacob STEPHEN	12	Brentwood	31.58	339
26.	Oliver CARPENTER	12	Co St Albans	31.67	335
27.	Joseph KENNY	12	Leiston	31.72	334
28.	Aidan CLARKSON	12	DunmowAtlant	31.77	332
29.	Michael CONNICK	12	Deben	31.85	329
30.	George GRICE	12	UEA Norwich	31.92	327
31.	William HAMM	12	Dunstable	31.96	325
32.	Jack JUGGINS	11	Team Luton	31.98	324
33.	Barnabas CLARKE	11	UEA Norwich	32.00	324
34.	Christopher WILLIAMSON	12	Co Cambridge	32.06	322
35.	Henry JONES	12	Modernian	32.14	319
35.	Alfie FRANCIS	12	Colchester	32.14	319
37.	Joseph MCGILLIVRAY	12	Lstof & OB	32.31	313
38.	Samuel CARTER	12	Bo Southend	32.32	313
39.	Joshua HEESOM	12	Potters Bar	32.46	308
40.	Tobin SARI	12	West Suffolk	32.69	301
41.	Jack ABRAM	12	UEA Norwich	33.17	286

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Alessandro RIODA	13	Harlow Pen	27.36	533
2.	Harrison RIDER	13	Basildon Ph	27.54	522
2.	Sam WILLIAMSON	13	Hatfield	27.54	522
4.	Sam TOWNSEND	13	C Beds SS	27.67	515
5.	Oliver ROGERS	13	Saffron Wald	27.86	505
6.	Michael KLIMASZEWSKI	13	Hatfield	28.04	495
7.	Naythan AUNG	13	Colchester	28.05	495
8.	Damon ELLIOTT	13	DunmowAtlant	28.08	493
9.	Ethan PEIRCE	13	Harlow Pen	28.20	487
10.	Chester LEEMING	13	St Felix Sch	28.23	485
11.	Matthew DEBENHAM	13	teamipswich	28.68	462
12.	Ryan DAVIS	13	Epping For't	28.77	458
13.	Xavier KIRCHIN	13	Leighton Buz	28.87	453
14.	Akshay PISSAY	13	UEA Norwich	29.01	446
15.	Jack SKERRY	13	Chelmsford	29.05	444
16.	Joe COOPER	13	teamipswich	29.20	437
17.	Mide OLAJIDE	13	Thurrock	29.21	437
18.	Robert ADDIS	13	West Norfolk	29.27	434
19.	Connor WALKER	13	Co Peterboro	29.37	429
20.	Ethan GELL	13	Linslade	29.42	427
21.	Brandon RILEY	13	Lstof & OB	29.45	426
22.	Fabian BRUDNICKI	13	Co Peterboro	29.61	418
23.	Kai CHENG	13	Colchester	29.82	409
24.	Benjamin GREEN	13	Watford SC	29.99	402
24.	Joab CARR	13	St Felix Sch	29.99	402
26.	Johnny WILDE	13	Putteridge	30.04	400
27.	Thomas HANLEY	13	Chatteris	30.19	393
28.	Oscar BRICE	13	Co St Albans	30.26	390
29.	Owen SEARY	13	Beccles Town	30.74	371
	Arvin Joaquin RODRIGUE	13	Watford SC	DNC	



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Henry NEWELL	14	Newmarket	26.35	594
2.	Nathan WOODROW	14	UEA Norwich	26.94	557
3.	Samuel ROSE	14	West Norfolk	27.16	544
3.	Louis STEPHEN	14	Brentwood	27.16	544
5.	Samuel MILLER	14	Bo Southend	27.36	533
5.	James CORNER	14	Berkhamsted	27.36	533
7.	Connor GILLINGHAM	14	West Suffolk	27.57	521
8.	James SPEERS	14	Basildon Ph	27.58	520
9.	Harry MCLAGAN	14	Chelmsford	27.59	520
10.	Daniel MURTAGH	14	Hatfield	27.69	514
11.	Ciaran RICHES	14	West Suffolk	27.75	511
12.	Daniel WHITE	14	St Felix Sch	27.86	505
13.	Oliver ELLISON	14	Dunstable	27.97	499
14.	Joshua HOLLAND	14	Hertford	28.01	497
15.	Marco TONTODONATI	14	Bishop Stort	28.03	496
16.	Finn JEFFERY	14	St Felix Sch	28.07	494
17.	Jack TURRELL	14	Basildon Ph	28.09	493
18.	Joseph PANNESE	14	Co St Albans	28.11	491
19.	Matthew MUNNINGS	14	Diss Otters	28.14	490
19.	Owen WEBSTER	14	St Felix Sch	28.14	490
21.	Morgan FOSTER	14	Braintree	28.16	489
22.	William PESTELL	14	teamipswich	28.19	487
23.	Devesh KAPOOR	14	Watford SC	28.21	486
24.	Matthew NEWSON	14	Co Peterboro	28.34	480
25.	William ROBINS	14	C Beds SS	28.36	478
26.	Daniel MARTIN	14	Co St Albans	28.41	476
27.	Michael FREEMAN	14	Chelmsford	28.44	474
28.	Edward MCFARLAND	14	C Beds SS	28.52	470
29.	Jack RICHARDSON	14	DunmowAtlant	28.60	466
30.	Callum STEDMAN	14	Dereham	28.68	462
31.	Jeremy AITKEN	14	Beccles Town	28.69	462
32.	Harvey LAST	14	Southend	28.73	460
33.	Nathaniel OLAYOMI	14	Watford SC	28.74	459
34.	Alfie KING	14	Theford	28.75	459
35.	Alfie WARNOCK	14	Putteridge	28.87	453
36.	Charlie KING	14	Co St Albans	28.89	452
37.	Matteo LO BIUNDO	14	Hitchin	29.08	443
38.	Walter HACKETT	14	Dunstable	29.25	435
39.	Cole SHEPARD	14	Basildon Ph	29.35	430



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EVENT 425 Womens 200m Backstroke

Regional Record Junior - 2:13.81

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Charlotte NORMAN	12	Colchester	2:31.82	636	35.10	1:13.45	1:53.03
2.	Erin LITTLE	12	Chelmsford	2:38.08	568	38.20	1:19.34	1:59.65
3.	Ella TURNER	12	Basildon Ph	2:38.14	567	38.39	1:18.79	1:59.62
4.	Francesca LOW	12	Chelmsford	2:39.84	550	38.47	1:19.28	2:00.67
5.	Emily FALKUS	12	Runnymede	2:40.92	540	37.79	1:18.91	1:59.54
6.	Matilda BOGLE	11	teamipswich	2:42.98	520	38.94	1:20.68	2:03.22
7.	Leah WIGHTMAN	12	West Norfolk	2:43.31	517	37.06	1:19.27	2:02.01
8.	Erin WILKINSON	12	Southend	2:43.64	514	39.16	1:20.84	2:03.33
9.	Emily COOPER	12	Basildon Ph	2:43.98	510	37.32	1:18.86	2:01.58
10.	Holly ROBINSON	12	Hatfield	2:44.15	509	38.85	1:21.07	2:03.59
11.	Anita TIEN	12	Colchester	2:47.61	478	39.17	1:21.95	2:06.10
12.	Evie BURGESS	12	teamipswich	2:47.91	475	38.88	1:22.47	2:06.91
13.	Sophie LANDER	12	Stowmarket	2:48.07	474	40.15	1:23.54	2:08.35
14.	Emilia DUNWOODIE	12	Co St Albans	2:48.52	470	38.96	1:22.17	2:06.36
15.	Macey POUNTAIN	12	UEA Norwich	2:50.20	456	38.96	1:22.62	2:07.56
16.	Jessica MAHONEY	12	Co Peterboro	2:50.86	450	39.16	1:21.92	2:06.63

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Sophie FREEMAN	13	Colchester	2:28.99	670	34.43	1:12.50	1:50.85
2.	Gemma PETERS	13	UEA Norwich	2:30.84	648	35.19	1:13.24	1:52.11
3.	Safia BUTTON	13	teamipswich	2:32.58	628	36.20	1:16.26	1:55.24
4.	Ella MCGHIE	13	Co Peterboro	2:32.70	626	35.91	1:14.81	1:54.66
5.	Holly GRAVES	13	Co Peterboro	2:33.52	617	36.17	1:15.17	1:54.89
6.	Carys BREALEY	13	Harlow Pen	2:33.91	613	36.08	1:15.14	1:55.18
7.	Imogen BLOCK	13	Lstoft & OB	2:34.72	604	34.96	1:13.59	1:54.45
8.	Jessica KEOGH	13	Hatfield	2:35.38	597	35.90	1:15.48	1:56.23
9.	Molly REDGRAVE	13	Colchester	2:35.70	593	36.45	1:15.77	1:55.75
10.	Brooke JENKINS	13	Southend	2:37.23	577	37.78	1:17.96	1:59.06
11.	Astrid HUBBARD	13	West Norfolk	2:37.37	575	37.08	1:17.19	1:57.06
12.	Grace WALLER	13	Basildon Ph	2:37.91	570	35.82	1:16.51	1:57.86
13.	Brenna HOWELL	13	Co Peterboro	2:38.10	568	36.52	1:16.83	1:57.89
14.	Lucy MORGAN	13	Colchester	2:38.12	568	37.30	1:17.89	1:59.14
15.	Millie FIELDS	13	Bishop Stort	2:38.58	563	38.13	1:18.75	1:59.48
16.	Georgina MUNDAY	13	Modernian	2:40.55	543	36.96	1:18.32	2:00.23
17.	Sophie GRIFFIN	13	Co Peterboro	2:41.04	538	37.38	1:18.91	1:59.93
18.	Lillian TAGG	13	Thurrock	2:42.31	526	37.19	1:18.60	2:00.95
19.	Hannah DALEY	13	Co Peterboro	2:43.58	514	37.77	1:19.73	2:01.68
20.	Ella HOUSTON	13	Deben	2:43.71	513	37.85	1:19.19	2:02.10
21.	Darcy O'BRIEN	13	Southend	2:44.63	504	38.62	1:20.83	2:02.52

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Emma CRUICKSHANKS	14	teamipswich	2:26.32	703	34.79	1:11.89	1:50.10
2.	Matilda MEYRICK	14	Norfolk Vikg	2:27.96	683	35.35	1:14.40	1:52.90
3.	Eve WRIGHT	14	Co Peterboro	2:28.74	673	33.26	1:10.89	1:50.38
4.	Gracie KAY	14	Co Cambridge	2:33.71	615	35.11	1:14.37	1:54.32
5.	Emily WHYTE	14	teamipswich	2:33.97	612	36.07	1:15.23	1:54.63
6.	Millie TURNER	14	Basildon Ph	2:35.00	601	36.68	1:15.82	1:55.67
7.	Eleanor WILLIAMS	14	Watford SC	2:36.52	584	36.16	1:15.53	1:56.13
8.	Jemima WAYMAN	14	Deben	2:36.78	582	36.69	1:17.26	1:57.61
9.	Isabelle SOULSBY	14	Berkhamsted	2:37.99	569	35.54	1:15.63	1:56.89
10.	Karolina KOWALSKA	14	Co Cambridge	2:38.48	564	36.84	1:16.96	1:58.49
11.	Hannah O'CONNOR	14	West Suffolk	2:38.58	563	37.13	1:18.10	1:59.93
12.	Grace KING	14	teamipswich	2:38.92	559	38.94	1:19.79	2:00.23
13.	Isabel HARBER	14	Verulam	2:39.26	556	36.65	1:18.52	1:59.95
14.	Erin YEOMANSON	14	Deben	2:39.47	554	36.75	1:17.41	1:58.41
15.	Isabelle SANDFORD	14	Basildon Ph	2:39.98	549	37.02	1:16.86	1:58.97
16.	Morgan ALLAN	14	Modernian	2:40.21	547	36.23	1:17.19	1:59.27
17.	Rhearna MASON	14	C Beds SS	2:41.04	538	37.82	1:18.31	2:00.42
18.	Madison SMITH	14	Stanway	2:41.92	530	36.43	1:17.42	2:00.03
19.	Hannah SNELHAM	14	Deben	2:42.20	527	36.70	1:17.72	2:00.09
20.	Gemma HANSON	14	Hatfield	2:42.88	521	37.52	1:19.32	2:01.28
21.	Florie GEURTS	14	Co St Albans	2:43.67	513	37.78	1:19.22	2:02.15
22.	Phoebe BRENNAN	14	Thurrock	2:44.25	508	36.86	1:18.35	2:01.83
23.	Mary O'NEILL	14	Wisbech	2:44.47	506	38.18	1:20.16	2:02.30
24.	Rebecca SMITH	14	Norwich Swan	2:45.20	499	38.36	1:20.09	2:03.25
25.	Rebecca GIROLAMI	14	Colchester	2:46.16	491	38.65	1:21.23	2:04.13
	Jessica HEESOM	14	Potters Bar	DNC				



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EVENT 426 Mens 400m IM

Regional Record Junior - 4:29.54

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jude HILLS	12	Bo Southend	5:37.68	441
	50m 34.22	100m 1:16.38	150m 1:59.47	200m 2:42.23	250m 3:31.49
					300m 4:22.99
					350m 5:00.96
					400m 5:37.68
2.	Jenson HURRELL	12	Thurrock	5:46.85	406
	50m 34.98	100m 1:17.99	150m 1:59.43	200m 2:43.09	250m 3:35.24
					300m 4:31.25
					350m 5:10.00
					400m 5:46.85
3.	Peter SOCZEWKA	12	Hatfield	5:47.20	404
	50m 34.07	100m 1:16.51	150m 2:00.91	200m 2:44.74	250m 3:37.52
					300m 4:31.91
					350m 5:10.77
					400m 5:47.20
4.	Enzo LIM	12	Watford SC	5:48.90	398
	50m 35.17	100m 1:17.69	150m 2:04.29	200m 2:51.62	250m 3:40.51
					300m 4:32.99
					350m 5:12.48
					400m 5:48.90
5.	Alexander WILLIAMS	12	Watford SC	5:50.96	390
	50m 38.17	100m 1:24.42	150m 2:10.73	200m 2:56.18	250m 3:43.67
					300m 4:33.21
					350m 5:12.14
					400m 5:50.96
6.	Denis MORINE	12	Chelmsford	5:51.21	390
	50m 36.96	100m 1:20.98	150m 2:06.76	200m 2:51.77	250m 3:43.80
					300m 4:35.49
					350m 5:13.69
					400m 5:51.21
7.	Matthew MONIE	12	Co Cambridge	5:57.30	368
	50m 38.24	100m 1:24.65	150m 2:08.14	200m 2:51.73	250m 3:44.75
					300m 4:40.62
					350m 5:18.38
					400m 5:57.30
8.	Christopher WILLIAMSON	12	Co Cambridge	5:57.46	368
	50m 36.18	100m 2:52.05	150m 2:07.16	200m 4:38.51	250m 3:44.92
					300m -
					350m 5:19.92
					400m 5:57.46
9.	Harry SHARPE	12	West Norfolk	6:08.58	332
	50m 40.96	100m 1:30.79	150m 2:17.86	200m 3:05.75	250m 3:57.40
					300m 4:51.19
					350m 5:30.75
					400m 6:08.58
10.	Mark MILBURN	12	Colchester	6:10.41	326
	50m 43.15	100m 1:35.72	150m 2:20.94	200m 3:08.46	250m 3:56.66
					300m 4:47.69
					350m 5:29.72
					400m 6:10.41

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rhys DAVIDSON	13	Team Luton	5:11.92	560
	50m 34.23	100m 1:13.19	150m 1:53.28	200m 2:32.56	250m 3:17.98
					300m 4:02.01
					350m 4:38.18
					400m 5:11.92
2.	Joe COOPER	13	teamipswich	5:13.53	552
	50m 34.49	100m 1:14.91	150m 1:58.42	200m 2:38.57	250m 3:22.49
					300m 4:06.26
					350m 4:41.23
					400m 5:13.53
3.	Michael KLIMASZEWSKI	13	Hatfield	5:20.40	518
	50m 31.51	100m 1:07.46	150m 1:49.66	200m 2:29.48	250m 3:17.91
					300m 4:07.11
					350m 4:44.11
					400m 5:20.40
4.	Harrison JARVIS	13	Thurrock	5:22.14	510
	50m 34.35	100m 1:15.95	150m 1:57.53	200m 2:39.76	250m 3:20.54
					300m 4:06.33
					350m 4:44.44
					400m 5:22.14
5.	Luke BARTON	13	Lstoft & OB	5:28.59	480
	50m 34.49	100m 1:15.05	150m 1:57.82	200m 2:40.33	250m 3:26.29
					300m 4:14.39
					350m 4:52.04
					400m 5:28.59
6.	Connor WALKER	13	Co Peterboro	5:30.12	473
	50m 31.45	100m 1:08.78	150m 1:52.07	200m 2:33.69	250m 3:24.76
					300m 4:16.35
					350m 4:54.14
					400m 5:30.12
7.	Matthew DEBENHAM	13	teamipswich	5:31.59	467
	50m 33.83	100m 1:15.36	150m 2:00.37	200m 2:46.03	250m 3:30.17
					300m 4:17.40
					350m 4:54.83
					400m 5:31.59
8.	Sam WILLIAMSON	13	Hatfield	5:32.64	463
	50m 31.54	100m 1:11.72	150m 1:58.64	200m 2:43.79	250m 3:28.27
					300m 4:16.90
					350m 4:54.50
					400m 5:32.64
9.	Ryan DAVIS	13	Epping For't	5:35.04	452
	50m 33.51	100m 1:14.16	150m 1:57.87	200m 2:41.67	250m 3:30.61
					300m 4:21.41
					350m 4:59.18
					400m 5:35.04
10.	Tom MALIA	13	Flitwick	5:36.06	448
	50m 36.03	100m 1:18.53	150m 2:00.36	200m 2:42.04	250m 3:31.68
					300m 4:21.67
					350m 5:00.42
					400m 5:36.06
11.	Tyler WATSON	13	Flitwick	5:36.12	448
	50m 35.98	100m 1:17.99	150m 2:01.21	200m 2:44.72	250m 3:32.90
					300m 4:23.72
					350m 5:01.42
					400m 5:36.12
12.	Mide OLAJIDE	13	Thurrock	5:37.67	441
	50m 34.86	100m 1:16.33	150m 2:00.42	200m 2:43.49	250m 3:31.11
					300m 4:20.21
					350m 4:58.48
					400m 5:37.67
13.	Robert ADDIS	13	West Norfolk	5:41.22	427
	50m 34.81	100m 1:19.17	150m 2:03.62	200m 2:49.86	250m 3:36.72
					300m 4:26.75
					350m 5:03.64
					400m 5:41.22
14.	George WHITEMAN	13	Co Peterboro	5:42.45	422
	50m 36.18	100m 1:19.29	150m 2:03.39	200m 2:47.39	250m 3:39.53
					300m 4:28.85
					350m 5:06.51
					400m 5:42.45
15.	Taylor COE	13	Cheshunt	5:43.09	420
	50m 36.43	100m 1:20.31	150m 2:02.81	200m 2:47.07	250m 3:36.25
					300m 4:25.82
					350m 5:05.16
					400m 5:43.09
16.	Jimmy TAYLOR	13	Thurrock	5:47.65	403
	50m 34.65	100m 1:16.27	150m 2:00.55	200m 2:44.08	250m 3:38.49
					300m 4:32.92
					350m 5:11.42
					400m 5:47.65
17.	James ROTHWELL	13	Co Peterboro	5:52.18	386
	50m 35.27	100m 1:20.33	150m 2:09.53	200m 2:56.68	250m 3:44.23
					300m 4:34.08
					350m 5:13.56
					400m 5:52.18
18.	Tyler JACKSON	13	Harlow Pen	5:58.24	365
	50m 37.67	100m 1:25.44	150m 2:12.18	200m 2:56.68	250m 3:45.82
					300m 4:39.61
					350m 5:19.17
					400m 5:58.24
19.	Connor HOUSTON	13	Deben	6:07.20	336
	50m 37.30	100m 1:22.23	150m 2:09.94	200m 2:58.73	250m 3:51.80
					300m 4:47.14
					350m 5:29.08
					400m 6:07.20



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend two - Norwich

27th, 28th, & 29th May 2017
(Licensed Meet No. 1ER170220)

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Nathan WOODROW	14	UEA Norwich	4:58.99	631				
	50m 30.26			200m 2:24.77		250m 3:06.84	300m 3:51.03	350m 4:25.13	400m 4:58.99
2.	Samuel ROSE	14	West Norfolk	5:08.28	579				
	50m 30.50			200m 2:28.87		250m 3:14.09	300m 3:59.65	350m 4:34.30	400m 5:08.28
3.	Finn JEFFERY	14	St Felix Sch	5:08.48	578				
	50m 31.66			200m 2:33.92		250m 3:16.84	300m 4:00.46	350m 4:35.87	400m 5:08.48
4.	Ciaran RICHES	14	West Suffolk	5:08.49	578				
	50m 30.66			200m 2:26.73		250m 3:13.17	300m 4:01.14	350m 4:35.42	400m 5:08.49
5.	William PESTELL	14	teamipswich	5:12.71	556				
	50m 31.96			200m 2:33.87		250m 3:18.40	300m 4:03.49	350m 4:39.41	400m 5:12.71
6.	Owen WEBSTER	14	St Felix Sch	5:14.11	549				
	50m 32.29			200m 2:39.74		250m 3:19.07	300m 4:05.14	350m 4:40.34	400m 5:14.11
7.	Devesh KAPOOR	14	Watford SC	5:15.82	540				
	50m 31.09			200m 2:29.57		250m 3:15.34	300m 4:03.16	350m 4:39.69	400m 5:15.82
8.	Samuel BULLINGHAM	14	West Suffolk	5:16.44	537				
	50m 31.49			200m 2:35.06		250m 3:18.31	300m 4:04.33	350m 4:41.15	400m 5:16.44
9.	James SPEERS	14	Basildon Ph	5:18.98	525				
	50m 32.66			200m 2:34.76		250m 3:20.33	300m 4:07.87	350m 4:43.27	400m 5:18.98
10.	Jack TURRELL	14	Basildon Ph	5:20.11	519				
	50m 31.11			200m 2:33.45		250m 3:19.38	300m 4:06.87	350m 4:45.01	400m 5:20.11
11.	Callum STEDMAN	14	Dereham	5:21.97	510				
	50m 32.84			200m 2:37.78		250m 3:23.04	300m 4:10.29	350m 4:46.30	400m 5:21.97
12.	Mattias MORSE	14	Hemel Hemp	5:22.49	508				
	50m 32.78			200m 2:37.68		250m 3:21.93	300m 4:08.31	350m 4:46.66	400m 5:22.49
13.	William TOZER	14	West Suffolk	5:29.05	478				
	50m 35.81			200m 2:43.39		250m 3:30.04	300m 4:18.40	350m 4:53.43	400m 5:29.05
14.	Henry FERRIES	14	Basildon Ph	5:29.50	476				
	50m 32.16			200m 2:39.55		250m 3:27.07	300m 4:15.52	350m 4:54.09	400m 5:29.50
15.	Freddie LAWS	14	West Norfolk	5:30.25	473				
	50m 35.21			200m 2:42.83		250m 3:26.60	300m 4:11.22	350m 4:51.66	400m 5:30.25
16.	Matthew NEWSON	14	Co Peterboro	5:30.75	471				
	50m 33.39			200m 2:35.44		250m 3:25.65	300m 4:16.98	350m 4:53.49	400m 5:30.75
17.	Euan DONALD	14	Berkhamsted	5:33.49	459				
	50m 34.13			200m 2:45.15		250m 3:30.63	300m 4:17.66	350m 4:56.93	400m 5:33.49
18.	Joshua THURSTON-WOOLNO	14	Beccles Town	5:34.60	454				
	50m 34.33			200m 2:41.14		250m 3:30.19	300m 4:20.60	350m 4:57.57	400m 5:34.60
19.	Luke PESTAILLE	14	Hatfield	5:37.77	441				
	50m 35.17			200m 2:44.44		250m 3:33.52	300m 4:23.95	350m 5:00.88	400m 5:37.77
	Edward MCFARLAND	14	C Beds SS	DQ					