



East Swimming
2017 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend two - Norwich
27th, 28th, & 29th May 2017
(Licensed Meet No. 1ER170220)

EVENT 621 Womens 100m Butterfly

Regional Record Junior - 1:01.80

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Ruby DAGLESS	12	Dereham	1:10.29	590	32.99
2.	Valeria GIRON	12	Hatfield	1:12.12	548	33.70
3.	Bethan ENDICOTT	12	St Ives	1:14.11	506	33.44
4.	Holly LAMB	12	Southend	1:14.65	495	34.53
5.	Emily COOPER	12	Basildon Ph	1:14.81	492	35.01
6.	Matilda BOGLE	11	teamipswich	1:15.63	476	35.47
7.	Nonhlanhla THOLE	12	St Felix Sch	1:16.61	458	35.12
8.	Lily MACDONALD	12	UEA Norwich	1:16.86	453	36.06
9.	Molly GRIEVE	12	Colchester	1:17.70	438	35.72
10.	Kiera BLUNDEN	12	Chelmsford	1:17.91	434	35.27
11.	Lucy COIA-BELL	12	Co St Albans	1:18.04	432	36.29
12.	Ruby WHEELER	11	Basildon Ph	1:18.50	424	36.29
13.	Jessica SHAW	12	March	1:18.72	420	36.65
14.	Hannah COLLETT	12	Basildon Ph	1:18.87	418	35.82
15.	Megan BUNCLARK	12	Leiston	1:19.43	408	36.32
16.	Charlotte NORMAN	12	Colchester	1:19.45	408	36.00
17.	Molly COBBOLD	11	Hoddesdon	1:20.01	399	35.67
18.	Anita TIEN	12	Colchester	1:20.68	388	35.08
19.	Helena HALL	12	Deben	1:21.00	383	37.40
20.	Francesca BABER	11	Flitwick	1:21.06	382	37.03
21.	Ila NICHOLSON	12	Colchester	1:21.20	380	37.31
22.	Georgia PRITCHARD	12	Hatfield	1:21.71	373	37.38
23.	Michaela TAIWO	12	Thurrock	1:22.04	368	36.42
24.	Jessica MAHONEY	12	Co Peterboro	1:22.52	361	36.74
25.	Beth YOUNG	11	Felixstowe	1:22.75	357	37.08
26.	Hannah BROOKE	12	Harpenden	1:23.01	354	39.09
27.	Ruby GREENHALF	12	UEA Norwich	1:23.74	343	37.28
28.	Ella NIJKAMP	12	Berkhamsted	1:23.78	343	37.19
29.	Phoebe WHITE	12	Harlow Pen	1:25.59	319	37.37

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	13	Colchester	1:05.68	711	30.22
2.	Safia BUTTON	13	teamipswich	1:09.96	598	31.77
3.	Rachel ANDREWS	13	C Beds SS	1:11.35	566	33.20
4.	Polly FISH	13	Co Cambridge	1:12.48	540	32.67
5.	May BRADBURN	13	Chelmsford	1:12.90	531	33.60
6.	Ellie WALKER	13	UEA Norwich	1:13.00	529	34.59
7.	Imogen BLOCK	13	Lstof & OB	1:13.33	522	33.33
8.	Rachel HA	13	Epping Fort	1:13.51	518	34.12
9.	Brenna HOWELL	13	Co Peterboro	1:13.68	515	33.22
10.	Ciara WOOKEY	13	Colchester	1:14.33	502	34.03
11.	Sophie GRIFFIN	13	Co Peterboro	1:14.57	497	34.51
12.	Nancy NEAVE	13	Braintree	1:15.09	486	33.80
13.	Charlotte ABRAMSON	13	UEA Norwich	1:15.43	480	34.36
14.	Maddie LEES	13	DunmowAtlant	1:16.03	468	35.19
15.	Astrid HUBBARD	13	West Norfolk	1:16.22	465	34.37
16.	Ella HOUSTON	13	Deben	1:16.80	454	35.65
17.	Bruna REBELO	13	Hatfield	1:17.25	446	35.37
18.	Caitlin LOO	13	Hatfield	1:17.32	445	34.46
19.	Cerys WILLIAMS	13	West Suffolk	1:17.39	443	34.97
20.	Grace GUNTON	13	UEA Norwich	1:17.68	438	35.78
21.	Lucy MORGAN	13	Colchester	1:18.28	428	35.51
22.	Bethan FUGE	13	Hatfield	1:19.63	405	36.80
23.	Charlotte TREE	13	Colchester	1:20.51	391	36.05
24.	Alanya SHAW	13	Norfolk Vikg	1:21.51	376	35.51



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sara KALAWSKA	14	Hatfield	1:06.46	689	31.46
2.	Lily MERRETT	14	Hoddesdon	1:07.52	660	31.09
3.	Angharad EVANS	14	West Suffolk	1:09.07	620	31.55
4.	Rebecca HOWELL	14	Basildon Ph	1:09.38	612	32.06
5.	Ella HALE	14	West Suffolk	1:09.44	611	31.10
6.	Jessica WOODWARD	14	Potters Bar	1:09.49	610	32.04
7.	Sacha THOMAS	14	UEA Norwich	1:09.67	605	31.65
8.	Chloe BERKO-BOATENG	14	Cheshunt	1:09.74	603	31.88
9.	Katie HAMMOND	14	Co Cambridge	1:10.04	596	32.72
10.	Lucie PECK	14	West Norfolk	1:10.86	577	32.31
11.	Oria KEAVENEY	14	Modernian	1:11.20	569	34.04
12.	Libby DUNFORD	14	Hoddesdon	1:11.33	566	32.49
13.	Matilda MEYRICK	14	Norfolk Vikg	1:11.92	553	33.88
14.	Erin O'MEARA	14	Watford SC	1:12.11	548	32.83
15.	Jessica HEESOM	14	Potters Bar	1:12.23	546	33.23
16.	Gracie KAY	14	Co Cambridge	1:12.57	538	33.76
17.	Daisy SANDON	14	Stevenage	1:12.69	536	33.59
18.	Victoria ROGERS	14	Basildon Ph	1:12.93	531	33.92
18.	Millie BATEMAN	14	UEA Norwich	1:12.93	531	33.97
20.	Rebecca SMITH	14	Norwich Swan	1:13.20	525	33.85
21.	Chiara ROGERS	14	Team Luton	1:13.22	524	33.66
22.	Lauren BROWNE	14	Co Peterboro	1:13.35	522	33.76
23.	Lily GENNER	14	West Suffolk	1:13.62	516	32.65
24.	Tilly MAYES	14	Thurrock	1:13.66	515	33.08
25.	Grace KING	14	teamipswich	1:14.12	506	33.60
26.	Katherine CHEESERIGHT	14	C Beds SS	1:14.26	503	34.47
27.	Lily BEMMER	14	Deben	1:14.55	497	34.52
28.	Niamh HIGGINS	14	Colchester	1:14.73	494	33.74
29.	Millie TURNER	14	Basildon Ph	1:15.69	475	35.06
30.	Libby MAGILL	14	Hatfield	1:15.72	474	34.46
31.	Iona TRAINER	14	Co Ely	1:16.50	460	33.27
32.	Charlotte HUDSON	14	West Suffolk	1:17.77	437	34.90



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EVENT 622 Mens 100m Butterfly

Regional Record Junior - 58.09

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Jude HILLS	12	Bo Southend	1:12.70	377	33.51
2.	Christopher WILLIAMSON	12	Co Cambridge	1:13.11	370	33.13
3.	Peter SOCZEWKA	12	Hatfield	1:13.69	360	33.69
4.	Samuel PYEFINCH	12	Tring	1:14.78	343	32.75
5.	Enzo LIM	12	Watford SC	1:15.15	337	34.53
6.	Alasdair WOOLGROVE	12	Co St Albans	1:15.89	326	35.21
6.	Jenson HURRELL	12	Thurrock	1:15.89	326	34.12
8.	Daniel ORD	12	Watford SC	1:15.95	325	35.40
9.	George GRICE	12	UEA Norwich	1:16.99	310	35.34
10.	Denis MORINE	12	Chelmsford	1:17.37	305	36.44
11.	Charlie SUMMER	12	Dereham	1:17.49	303	35.42
12.	Jack ABRAM	12	UEA Norwich	1:17.86	298	36.76
13.	Joseph BAVEY	12	Newmarket	1:18.05	296	35.46
14.	Jacob STEPHEN	12	Brentwood	1:19.00	283	36.49
15.	Nikita CHARYKIN	11	Thurrock	1:19.28	280	37.11
16.	Olivier VEDRENNE	12	UEA Norwich	1:19.36	279	35.78
17.	Henry JONES	12	Modernian	1:19.87	272	36.04
18.	Alexander WILLIAMS	12	Watford SC	1:19.96	271	36.59
19.	Tobin SARI	12	West Suffolk	1:19.99	271	37.23
20.	Oskar FARKAS	12	Co Cambridge	1:20.80	261	35.51
21.	William HAMM	12	Dunstable	1:21.66	251	37.04
22.	Arthur BERNANS	11	Basildon Ph	1:22.41	243	37.72
23.	Charles ROYLE	12	Basildon Ph	1:22.45	242	37.15
24.	Daniel PARKER	11	Braintree	1:23.16	235	37.67
25.	Kieran BIRKETT	12	Co St Albans	1:23.26	234	37.72
26.	Brayden DOYLE	12	Brentwood	1:23.51	231	38.69
27.	Thomas OWEN	12	West Norfolk	1:23.58	230	38.56
28.	Joseph KENNY	12	Leiston	1:23.94	227	36.74
29.	Barnabas CLARKE	11	UEA Norwich	1:24.30	223	37.82
30.	Finn COOPER	11	teamipswich	1:24.42	222	38.13
31.	Matthew MONIE	12	Co Cambridge	1:24.53	221	38.35
32.	Joshua HEESOM	12	Potters Bar	1:25.55	211	37.46
33.	Max HILL	11	Stevenage	1:27.95	189	39.14
34.	Albert PAPWORTH	12	Co Peterboro	1:30.71	167	39.47
35.	Fraser JOHNSON	12	Deben	1:34.04	144	40.81
	Daniel DIXON	12	Brentwood	DQ		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Michael KLIMASZEWSKI	13	Hatfield	1:04.05	556	30.09
2.	Alessandro RIODA	13	Harlow Pen	1:04.82	537	29.98
3.	Connor WALKER	13	Co Peterboro	1:05.42	523	29.92
4.	Ethan PEIRCE	13	Harlow Pen	1:07.75	471	30.90
5.	Thomas OGDEN	13	Bishop Stort	1:08.51	455	32.53
6.	Damon ELLIOTT	13	DunmowAtlant	1:08.64	452	31.43
7.	Naythan AUNG	13	Colchester	1:09.00	445	32.75
8.	Brandon RILEY	13	Lstof & OB	1:09.29	439	32.00
9.	Sam TOWNSEND	13	C Beds SS	1:09.58	434	31.22
10.	Mide OLAJIDE	13	Thurrock	1:09.59	433	32.49
11.	Rhys DAVIDSON	13	Team Luton	1:09.96	426	32.55
12.	Akshay PISSAY	13	UEA Norwich	1:10.22	421	32.29
13.	Matthew DEBENHAM	13	teamipswich	1:10.70	412	32.57
14.	Harrison RIDER	13	Basildon Ph	1:10.72	412	32.04
15.	Xavier KIRCHIN	13	Leighton Buz	1:11.76	393	32.75
16.	Jimmy TAYLOR	13	Thurrock	1:12.75	376	33.84
17.	Jack SKERRY	13	Chelmsford	1:12.78	375	32.51
18.	Euan HIGGS	13	Chelmsford	1:13.39	365	33.36
19.	George WHITEMAN	13	Co Peterboro	1:14.27	351	34.37
20.	Kai CHENG	13	Colchester	1:14.30	350	35.32
21.	Benjamin GREEN	13	Watford SC	1:14.45	348	33.72
22.	Luke BARTON	13	Lstof & OB	1:15.05	339	34.60
23.	Joab CARR	13	St Felix Sch	1:15.13	337	33.99
24.	Tyler WATSON	13	Flitwick	1:15.90	326	35.27
25.	George WILLIAMS	13	Harpenden	1:16.50	317	35.43
26.	Jack PALLANT	13	Lstof & OB	1:17.04	310	35.62
27.	Connor HOUSTON	13	Deben	1:18.63	288	36.03
28.	Taylor COE	13	Cheshunt	1:19.00	283	35.54



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Nathan WOODROW	14	UEA Norwich	1:02.94	585	29.08
2.	Samuel ROSE	14	West Norfolk	1:03.98	558	29.79
3.	Ciaran RICHES	14	West Suffolk	1:04.13	554	29.53
4.	Devesh KAPOOR	14	Watford SC	1:04.63	542	30.02
5.	Jack TURRELL	14	Basildon Ph	1:04.67	541	30.10
6.	Daniel MURTAGH	14	Hatfield	1:05.13	530	30.12
7.	Joshua HOLLAND	14	Hertford	1:05.76	515	29.88
8.	Samuel MILLER	14	Bo Southend	1:07.53	476	30.77
9.	Mattias MORSE	14	Hemel Hemp	1:07.70	472	31.44
10.	Samuel BULLINGHAM	14	West Suffolk	1:08.08	464	30.89
11.	Matthew MUNNINGS	14	Diss Otters	1:08.17	462	31.90
12.	William PESTELL	14	teamipswich	1:08.51	455	31.25
13.	Edward MCFARLAND	14	C Beds SS	1:09.08	443	32.04
14.	Henry FERRIES	14	Basildon Ph	1:09.74	430	31.62
15.	James SPEERS	14	Basildon Ph	1:09.86	428	31.89
16.	Teal'K SMITH	14	Beccles Town	1:09.96	426	32.24
17.	Alfie WARNOCK	14	Putteridge	1:10.06	424	31.89
18.	Luke PESTAILLE	14	Hatfield	1:10.19	422	32.37
19.	Harry ARBUTHNOTT	14	Harpenden	1:11.22	403	32.95
19.	Daniel BLERKOM	14	Southend	1:11.22	403	32.47
21.	Joshua BRIDGELAND	14	Stevenage	1:11.24	402	32.51
22.	Ben WOODHOUSE	14	Norwich Swan	1:11.38	400	32.74
23.	Ciaran COOK	14	Co St Albans	1:12.02	388	33.10
24.	Matthew NEWSON	14	Co Peterboro	1:12.24	385	33.16
25.	Freddie LAWS	14	West Norfolk	1:12.27	384	33.47
26.	Max ASHKEN	14	Deben	1:12.51	380	32.92



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EVENT 623 Womens 50m Backstroke

Regional Record Junior - 29.55

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Charlotte NORMAN	12	Colchester	33.90	616
2.	Erin LITTLE	12	Chelmsford	33.99	612
3.	Sophie LANDER	12	Stowmarket	34.00	611
4.	Emilia DUNWOODIE	12	Co St Albans	34.32	595
5.	Francesca LOW	12	Chelmsford	34.47	588
6.	Emily COOPER	12	Basildon Ph	34.77	574
7.	Leah WIGHTMAN	12	West Norfolk	34.84	570
8.	Matilda BOGLE	11	teamipswich	34.91	567
9.	Ella TURNER	12	Basildon Ph	35.34	547
10.	Ruby DAGLESS	12	Dereham	35.52	539
11.	Clara WATSON-FLOWERS	11	St Felix Sch	35.58	537
12.	Macey POUNTAIN	12	UEA Norwich	35.59	536
13.	Holly DRIVER	12	Leiston	35.69	532
14.	Ella NIJKAMP	12	Berkhamsted	35.70	531
15.	Teni OGUNLESI	12	Thurrock	35.90	523
16.	Clara TAYLOR	12	Co Ely	35.91	522
17.	Anita TIEN	12	Colchester	36.06	516
18.	Kaia PHILLIPS	11	Bishop Stort	36.32	505
18.	Charlotte WHITE	12	West Suffolk	36.32	505
20.	Evie BURGESS	12	teamipswich	36.52	497
21.	Lily MACDONALD	12	UEA Norwich	36.56	495
22.	Molly COBBOLD	11	Hoddesdon	36.58	494
23.	Francesca TYLER	12	Felixstowe	36.63	492
24.	Hannah COLLETT	12	Basildon Ph	36.83	484
25.	Jessica MAHONEY	12	Co Peterboro	36.84	484
26.	Gemma NOTTAGE	12	Watford SC	36.98	478
27.	Megan BUNCLARK	12	Leiston	37.17	471
28.	Jessica SHAW	12	March	37.65	453
28.	Bethan ENDICOTT	12	St Ives	37.65	453
30.	Helena HALL	12	Deben	38.22	432

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Sophie FREEMAN	13	Colchester	32.59	686
2.	Carys BREALEY	13	Harlow Pen	33.00	664
2.	Safia BUTTON	13	teamipswich	33.00	664
4.	Imogen BLOCK	13	Lstoft & OB	33.05	661
5.	Ella MCGHIE	13	Co Peterboro	33.06	660
6.	Gemma PETERS	13	UEA Norwich	33.21	652
7.	Sophie GRIFFIN	13	Co Peterboro	33.25	650
8.	Grace WALLER	13	Basildon Ph	33.41	642
9.	Jessica KEFFORD	13	Dunstable	33.62	631
10.	Georgina MUNDAY	13	Modernian	33.86	618
11.	Jessica KEOGH	13	Hatfield	33.93	615
12.	Georgina KNATCHBULL	13	Leighton Buz	34.05	609
13.	Harriet CLEMENTS	13	Watford SC	34.13	605
14.	Lucy MORGAN	13	Colchester	34.16	603
15.	Olivia ALDRED	13	Lstoft & OB	34.21	601
16.	Holly GRAVES	13	Co Peterboro	34.28	597
17.	Polly FISH	13	Co Cambridge	34.33	595
18.	Hannah DALEY	13	Co Peterboro	34.73	576
19.	Brenna HOWELL	13	Co Peterboro	34.78	573
20.	Lillian TAGG	13	Thurrock	34.85	570
21.	Isabella CHAPMAN	13	Harpden	34.89	568
22.	Astrid HUBBARD	13	West Norfolk	34.96	565
23.	Abigail HEWSON	13	Berkhamsted	34.97	564
24.	Ellie HOLLISS	13	Co St Albans	35.05	561
25.	Molly REDGRAVE	13	Colchester	35.08	559
26.	Lucy HUDSON	13	West Suffolk	35.16	556
26.	Eilidh DUNWOODIE	13	Co St Albans	35.16	556
28.	Sienna TREGLOHAN	13	Cheshunt	35.21	553
29.	Jessica ROBERTSON	13	Co St Albans	35.26	551
30.	Julianna MERCADO	13	Norwich Swan	35.76	529
31.	Nancy NEAVE	13	Braintree	35.78	528
32.	Millie FIELDS	13	Bishop Stort	35.84	525
33.	Mia CHANDLER	13	teamipswich	38.17	434



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Emma CRUICKSHANKS	14	teamipswich	31.86	729
2.	Emily WHYTE	14	teamipswich	32.22	708
3.	Eve WRIGHT	14	Co Peterboro	32.49	692
3.	Matilda MEYRICK	14	Norfolk Viking	32.49	692
5.	Lily MERRITT	14	Hoddesdon	32.52	690
6.	Isabel WAINWRIGHT	14	Modernian	32.95	666
7.	Libby DUNFORD	14	Hoddesdon	33.23	651
8.	Ellie CRONIN	14	Harlow Pen	33.34	645
9.	Hannah O'CONNOR	14	West Suffolk	33.42	641
10.	Autumn HANDSCOMBE	14	C Beds SS	33.56	634
11.	Gracie KAY	14	Co Cambridge	33.65	629
12.	Isabel HARBER	14	Verulam	33.72	625
13.	Morgan ALLAN	14	Modernian	33.75	624
14.	Bianka MISIKOVA	14	Hatfield	33.80	621
15.	Isabelle SOULSBY	14	Berkhamsted	33.94	614
16.	Bronte O'DEA	14	Runnymede	34.04	609
17.	Victoria ROGERS	14	Basildon Ph	34.12	605
18.	Iona TRAINER	14	Co Ely	34.14	604
19.	Isabelle ROSHER	14	teamipswich	34.27	598
20.	Eleanor WILLIAMS	14	Watford SC	34.35	594
21.	Alexandra LAWMAN	14	Watford SC	34.42	591
22.	Annabelle BURGESS	14	teamipswich	34.43	590
23.	Gemma HANSON	14	Hatfield	34.53	585
24.	Rhearna MASON	14	C Beds SS	34.66	579
25.	Jessica WOODWARD	14	Potters Bar	34.69	578
26.	Libby MAGILL	14	Hatfield	34.77	574
27.	Jessica HEESOM	14	Potters Bar	34.79	573
28.	Millie BATEMAN	14	UEA Norwich	34.89	568
29.	Libby CHAMBERS	14	Verulam	35.06	560
30.	Jemima WAYMAN	14	Deben	35.14	557
31.	Hannah SNELHAM	14	Deben	35.20	554
32.	Sophie HINDLE	14	Stevenage	35.21	553
33.	Rebecca SMITH	14	Norwich Swan	35.43	543
34.	Grace KING	14	teamipswich	35.50	540
	Ellie MATTHEWS	14	Putteridge	DNC	



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EVENT 624 Mens 50m Backstroke

Regional Record Junior - 27.54

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jude HILLS	12	Bo Southend	33.52	451
2.	Jack HILL	12	Linslade	33.66	445
3.	Samuel PYEFINCH	12	Tring	34.06	429
4.	Joseph BAVEY	12	Newmarket	34.22	423
5.	Edward MERHAN	12	West Suffolk	34.34	418
6.	Oliver CARPENTER	12	Co St Albans	35.00	394
7.	Jenson HURRELL	12	Thurrock	35.21	386
8.	Kieran BIRKETT	12	Co St Albans	35.54	374
9.	Joseph KENNY	12	Leiston	36.06	357
10.	Max PATTEN	12	Stanway	36.32	348
11.	Benjamin ASHDOWN	12	Modernian	36.34	348
12.	Nikita CHARYKIN	11	Thurrock	36.43	345
13.	Mitchell TAMBLIN	12	Norwich Swan	36.51	342
14.	Michael CONNICK	12	Deben	36.56	341
15.	Jack JUGGINS	11	Team Luton	36.61	339
16.	Barnabas CLARKE	11	UEA Norwich	36.65	338
17.	Aidan CLARKSON	12	DunmowAtlant	36.69	337
18.	Marcus MOSCUZZA	12	St Felix Sch	36.79	333
19.	Harley ALLAN	12	Modernian	36.88	331
20.	Charlie SUMMER	12	Dereham	36.89	330
21.	Joseph MCGILLIVRAY	12	Lstof & OB	36.92	329
22.	Patrick WINNINGTON	12	DunmowAtlant	37.07	325
23.	Olivier VEDRENNE	12	UEA Norwich	37.82	303
24.	Daniel HIMSWORTH	12	Colchester	37.84	303
25.	Albert PAPWORTH	12	Co Peterboro	37.95	300

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Chester LEEMING	13	St Felix Sch	31.67	535
2.	Naythan AUNG	13	Colchester	31.94	522
3.	Oliver ROGERS	13	Saffron Wald	32.17	511
4.	Thomas OGDEN	13	Bishop Stort	32.20	510
5.	Ethan GELL	13	Linslade	32.47	497
6.	Kai CHENG	13	Colchester	32.78	483
7.	William PARSONS	13	Deben	33.22	464
8.	Oscar BRICE	13	Co St Albans	33.43	455
9.	Ketan RACH	13	Watford SC	33.66	445
10.	Connor WALKER	13	Co Peterboro	33.98	432
10.	James QUINN	13	St Ives	33.98	432
12.	Tyler JACKSON	13	Harlow Pen	34.07	429
13.	Fabian BRUDNICKI	13	Co Peterboro	34.29	420
14.	Robbie BRINDLEY	13	West Suffolk	34.35	418
15.	Tom MALIA	13	Flitwick	34.41	416
16.	Ben KNOWLES	13	Wisbech	34.47	413
17.	Jack SKERRY	13	Chelmsford	34.58	409
18.	Brandon RILEY	13	Lstof & OB	34.83	400
19.	Benjamin GREEN	13	Watford SC	34.98	394
20.	Arvin Joaquin RODRIGUE	13	Watford SC	35.28	383
21.	Harrison TRAVERS	13	Epping For't	35.29	383
22.	Henry DUNCAN	13	Co Cambridge	35.37	380
23.	Robert ADDIS	13	West Norfolk	35.41	379



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Walter HACKETT	14	Dunstable	29.86	633
2.	Daniel MURTAGH	14	Hatfield	30.44	600
3.	Connor GILLINGHAM	14	West Suffolk	30.48	598
4.	Charlie KING	14	Co St Albans	30.83	579
5.	Samuel ROSE	14	West Norfolk	31.32	553
6.	Zane BATT	14	Cheshunt	31.62	538
7.	Nathaniel OLAYOMI	14	Watford SC	31.70	534
8.	Alexander CATTON	14	Bishop Stort	31.75	532
9.	Ciaran RICHES	14	West Suffolk	31.87	526
10.	Finn JEFFERY	14	St Felix Sch	32.19	510
11.	Teal'K SMITH	14	Beccles Town	32.38	501
12.	Alfie KING	14	Thetford	32.41	500
13.	Samuel MILLER	14	Bo Southend	32.42	500
13.	Luke PESTAILLE	14	Hatfield	32.42	500
15.	Thomas BELCHER	14	Modernian	32.43	499
16.	Michael FREEMAN	14	Chelmsford	32.57	493
17.	Ben WOODHOUSE	14	Norwich Swan	32.64	490
18.	Harry MCLAGAN	14	Chelmsford	32.68	488
19.	Henry NEWELL	14	Newmarket	32.69	487
20.	Jack RICHARDSON	14	DunmowAtlant	32.73	485
21.	Ciaran COOK	14	Co St Albans	32.74	485
22.	Cole SHEPARD	14	Basildon Ph	32.77	484
23.	Matteo LO BIUNDO	14	Hitchin	32.86	480
24.	Marco TONTODONATI	14	Bishop Stort	32.92	477
25.	Samuel COSTIN	14	Basildon Ph	32.93	477
26.	Matthew MUNNINGS	14	Diss Otters	33.03	472
27.	Henry KING	14	West Suffolk	33.04	472
28.	Matthew NEWSON	14	Co Peterboro	33.15	467
29.	Harry ARBUTHNOTT	14	Harpenden	33.39	457
30.	Thomas BENTLEY	14	Epping For't	33.42	455
31.	Oliver ELLISON	14	Dunstable	33.44	455
32.	Freddie LAWS	14	West Norfolk	33.67	445
33.	Luke NIJKAMP	14	Berkhamsted	33.75	442



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EVENT 625 Womens 200m Freestyle

Regional Record Junior - 2:02.50

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Erin LITTLE	12	Chelmsford	2:20.55	610	32.87	1:09.30	1:45.94
2.	Valeria GIRON	12	Hatfield	2:22.98	581	33.64	1:10.28	1:46.77
3.	Daisy MOXHAM	12	Co Cambridge	2:24.61	562	32.55	1:10.06	1:48.37
4.	Holly LAMB	12	Southend	2:24.74	561	33.86	1:11.21	1:48.64
5.	Francesca LOW	12	Chelmsford	2:25.73	550	33.02	1:09.83	1:48.37
6.	Matilda BOGLE	11	teamipswich	2:26.30	544	33.61	1:11.90	1:49.77
7.	Karys-Rose BUNN	11	teamipswich	2:27.17	534	34.09	1:12.39	1:51.56
8.	Leah WIGHTMAN	12	West Norfolk	2:27.29	533	33.17	1:10.56	1:49.29
9.	Abigail GOTTS	12	Norfolk Vikg	2:27.33	533	33.86	1:11.74	1:49.64
10.	Ella TURNER	12	Basildon Ph	2:27.37	532	34.92	1:13.17	1:51.48
11.	Evelyn DIXON-MINTER	12	teamipswich	2:27.47	531	34.22	1:12.19	1:50.28
12.	Ruby WHEELER	11	Basildon Ph	2:27.69	529	35.14	1:13.72	1:51.86
13.	Anastasia WILKINSON	12	Hatfield	2:28.68	519	33.88	1:11.87	1:50.65
14.	Ruby GREENHALF	12	UEA Norwich	2:30.28	502	34.70	1:13.09	1:52.36
15.	Lucy COIA-BELL	12	Co St Albans	2:31.16	494	34.44	1:14.02	1:54.38
16.	Anita TIEN	12	Colchester	2:31.25	493	34.26	1:13.47	1:53.47
17.	Sophie LANDER	12	Stowmarket	2:31.73	488	35.66	1:14.90	1:54.92
18.	Emily COOPER	12	Basildon Ph	2:31.81	487	34.21	1:12.70	1:53.15
19.	Ciara TAYLOR	12	Co Ely	2:33.38	472	33.89	1:13.39	1:53.58
20.	Gemma NOTTAGE	12	Watford SC	2:34.57	461	35.21	1:14.82	1:55.72
21.	Macey POUNTAIN	12	UEA Norwich	2:35.73	451	35.36	1:16.32	1:56.99
22.	Ella NIJKAMP	12	Berkhamsted	2:37.42	436	35.34	1:14.92	1:57.00

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Sophie FREEMAN	13	Colchester	2:11.89	725	29.81	1:03.46	1:38.12
2.	Safia BUTTON	13	teamipswich	2:15.75	671	31.22	1:05.92	1:41.67
3.	Carys BREALEY	13	Harlow Pen	2:16.87	656	31.32	1:05.87	1:42.37
4.	Harriet SALISBURY	13	Co Peterboro	2:16.95	655	31.37	1:06.35	1:41.93
5.	Millie FIELDS	13	Bishop Stort	2:17.14	653	31.54	1:06.64	1:42.96
6.	Caitlin LOO	13	Hatfield	2:18.79	632	31.85	1:07.32	1:42.38
7.	Jessica KEOGH	13	Hatfield	2:19.76	619	31.07	1:06.96	1:44.01
8.	Imogen BLOCK	13	Lstoff & OB	2:19.77	619	31.85	1:07.51	1:44.66
9.	Eloise PARTON	13	Co Cambridge	2:20.52	610	32.19	1:07.34	1:44.27
10.	May BRADBURN	13	Chelmsford	2:21.37	600	33.05	1:10.15	1:46.40
11.	Grace WALLER	13	Basildon Ph	2:21.85	594	32.84	1:09.60	1:46.72
12.	Lucy HUDSON	13	West Suffolk	2:22.05	592	32.69	1:08.94	1:46.28
13.	Rachel ANDREWS	13	C Beds SS	2:22.26	589	33.18	1:09.97	1:46.67
14.	Kiara KOVACS	13	Co Peterboro	2:22.61	585	32.80	1:09.84	1:46.45
15.	Holly GRAVES	13	Co Peterboro	2:22.65	585	32.78	1:09.99	1:46.64
16.	Hannah DALEY	13	Co Peterboro	2:22.77	583	33.25	1:10.48	1:47.46
17.	Bruna REBELO	13	Hatfield	2:23.52	575	32.80	1:09.07	1:46.39
18.	Brenna HOWELL	13	Co Peterboro	2:23.71	573	32.57	1:09.88	1:47.56
19.	Lucy MORGAN	13	Colchester	2:23.87	571	32.35	1:09.38	1:47.72
20.	Gemma PETERS	13	UEA Norwich	2:24.46	564	33.15	1:10.14	1:47.63
21.	Ella MCGHIE	13	Co Peterboro	2:24.48	564	33.03	1:10.53	1:47.79
22.	Ellie HOLLISS	13	Co St Albans	2:24.53	563	32.53	1:10.26	1:48.52
23.	Niamh KELLY	13	Hatfield	2:24.84	560	33.57	1:11.48	1:48.58
24.	Georgina MUNDAY	13	Modernian	2:25.04	558	32.36	1:09.83	1:48.24
25.	Charlotte TREE	13	Colchester	2:25.42	553	33.15	1:10.35	1:48.01
26.	Ellie WALKER	13	UEA Norwich	2:27.62	530	33.98	1:11.27	1:49.82
27.	Cerys WILLIAMS	13	West Suffolk	2:28.79	518	32.70	1:10.45	1:50.18
28.	Ella HOUSTON	13	Deben	2:29.61	509	33.33	1:11.63	1:50.69
	Evie HUNNISETT	13	Basildon Ph	DQ				



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Annabelle BURGESS	14	teamipswich	2:13.41	703	31.68	1:05.55	1:40.75
2.	Angharad EVANS	14	West Suffolk	2:15.04	680	31.16	1:05.82	1:40.87
3.	Rebecca HOWELL	14	Basildon Ph	2:15.69	672	32.06	1:07.32	1:42.12
4.	Sacha THOMAS	14	UEA Norwich	2:16.68	659	31.59	1:05.66	1:41.55
5.	Orla KEAVENEY	14	Modernian	2:16.82	657	31.83	1:06.61	1:41.95
6.	Katie HAMMOND	14	Co Cambridge	2:17.27	651	32.00	1:06.29	1:41.90
7.	Gemma HANSON	14	Hatfield	2:18.05	641	32.01	1:07.17	1:42.95
8.	Sara KALAWSKA	14	Hatfield	2:18.22	639	33.56	1:09.87	1:43.82
9.	Lucie PECK	14	West Norfolk	2:18.25	638	32.13	1:07.12	1:42.65
10.	Ella HALE	14	West Suffolk	2:18.28	638	31.10	1:07.04	1:43.66
11.	Abbie BARNWELL	14	Team Luton	2:18.41	636	31.96	1:06.47	1:42.25
12.	Bianka MISIKOVA	14	Hatfield	2:18.66	633	31.57	1:07.18	1:44.08
13.	Sophie TAYLOR	14	DunmowAtlant	2:18.97	629	32.05	1:08.17	1:43.99
14.	Matilda MEYRICK	14	Norfolk Vikg	2:19.59	622	32.22	1:07.95	1:44.26
15.	Kelsey WILSON	14	Gt Yarmouth	2:19.88	618	32.08	1:07.53	1:44.47
16.	Jessica HEESOM	14	Potters Bar	2:20.06	616	31.97	1:07.98	1:44.67
17.	Isabelle ROSHER	14	teamipswich	2:20.32	613	33.01	1:09.42	1:45.58
18.	Rhearna MASON	14	C Beds SS	2:20.69	608	31.83	1:07.43	1:44.21
19.	Erin O'MEARA	14	Watford SC	2:21.78	595	33.04	1:09.36	1:45.64
20.	Libby DUNFORD	14	Hoddesdon	2:22.26	589	32.32	1:09.43	1:47.12
21.	Lily MERRETT	14	Hoddesdon	2:22.43	587	31.90	1:09.16	1:46.25
22.	Rebecca GIROLAMI	14	Colchester	2:23.28	578	32.82	1:09.81	1:46.98
23.	Lauren YOUNG	14	Hatfield	2:24.56	563	33.88	1:10.92	1:48.18
24.	Iona TRAINER	14	Co Ely	2:24.78	561	33.09	1:10.49	1:49.53
25.	Jemima WAYMAN	14	Deben	2:25.11	557	33.14	1:11.23	1:49.77
26.	Grace MADSEN	14	Beccles Town	2:25.18	556	32.99	1:09.80	1:47.21
27.	Victoria ROGERS	14	Basildon Ph	2:26.09	546	33.33	1:10.62	1:49.15
28.	Hannah O'CONNOR	14	West Suffolk	2:27.52	531	33.39	1:11.10	1:49.64
	Eve WRIGHT	14	Co Peterboro	DNC				



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EVENT 626 Mens 200m Freestyle

Regional Record Junior - 1:52.79

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Oskar FARKAS	12	Co Cambridge	2:19.76	467	31.16	1:06.29	1:43.28
2.	Aidan PILCHER	12	teamipswich	2:20.59	459	33.19	1:09.85	1:44.91
3.	Jude HILLS	12	Bo Southend	2:22.21	443	32.57	1:09.54	1:46.03
4.	Finley COMAN	12	Gt Yarmouth	2:24.35	422	32.08	1:10.05	1:48.50
5.	Peter SOCZEKWA	12	Hatfield	2:25.06	416	33.66	1:10.29	1:48.41
6.	Enzo LIM	12	Watford SC	2:25.29	414	32.83	1:10.39	1:48.30
7.	James GISBORNE	12	Bishop Stort	2:26.43	403	33.32	1:11.52	1:49.84
8.	Ryan ROBERTS	12	Dunstable	2:26.61	402	33.44	1:11.13	1:49.61
9.	Joseph MCGILLIVRAY	12	Lstof & OB	2:27.06	398	33.57	1:11.80	1:50.72
10.	Denis MORINE	12	Chelmsford	2:27.12	397	33.19	1:11.62	1:50.46
11.	Mitchell TAMBLIN	12	Norwich Swan	2:27.36	395	33.21	1:11.16	1:50.28
12.	Marcus MOSCUZZA	12	St Felix Sch	2:27.54	394	34.52	1:12.33	1:49.92
13.	Joseph BAVEY	12	Newmarket	2:27.61	393	33.71	1:11.30	1:50.40
14.	Michael CONNICK	12	Deben	2:27.75	392	35.14	1:13.10	1:52.32
15.	George GRICE	12	UEA Norwich	2:28.04	389	33.71	1:13.16	1:51.78
16.	Oscar COLE	11	St Felix Sch	2:28.13	389	35.27	1:13.16	1:51.81
17.	Nikita CHARYKIN	11	Thurrock	2:28.27	388	34.10	1:12.34	1:50.83
18.	Aidan CLARKSON	12	DunmowAtlant	2:28.67	384	33.56	1:11.71	1:50.78
19.	Colin MOGHINA	12	Thurrock	2:28.69	384	32.11	1:10.36	1:50.05
20.	Jack ABRAM	12	UEA Norwich	2:29.53	377	35.47	1:13.64	1:52.71
21.	Harry SHARPE	12	West Norfolk	2:31.51	361	35.65	1:14.37	1:54.27
22.	James O'CONNOR	12	West Suffolk	2:31.54	361	34.97	-	1:54.31
23.	Tobin SARI	12	West Suffolk	2:32.20	355	35.50	1:15.41	1:54.09
24.	Ethan ANGEL	11	teamipswich	2:32.45	354	34.99	1:14.77	1:54.38
25.	Charles ROYLE	12	Basildon Ph	2:33.28	347	35.49	1:16.54	1:55.77
26.	Jack HILL	12	Linslade	2:33.61	345	34.37	1:14.21	1:54.63
27.	Jack JUGGINS	11	Team Luton	2:34.00	342	34.30	1:14.72	1:54.65
28.	Finn COOPER	11	teamipswich	2:35.16	333	35.63	1:15.94	1:56.59
29.	Matthew MONIE	12	Co Cambridge	2:37.41	317	35.12	1:16.14	1:56.93

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Joe COOPER	13	teamipswich	2:10.82	568	30.44	1:04.18	1:37.89
2.	Ryan DAVIS	13	Epping For't	2:12.02	553	29.57	1:02.50	1:36.83
3.	Chester LEEMING	13	St Felix Sch	2:13.02	541	30.71	1:04.84	1:39.29
4.	Michael KLIMASZEWSKI	13	Hatfield	2:13.93	531	30.65	1:04.83	1:39.95
5.	Akshay PISSAY	13	UEA Norwich	2:15.49	513	31.02	1:05.65	1:40.49
6.	Harrison RIDER	13	Basildon Ph	2:16.03	507	30.61	1:04.93	1:41.00
7.	Connor WALKER	13	Co Peterboro	2:18.05	485	30.57	1:06.01	1:42.32
8.	Robert ADDIS	13	West Norfolk	2:18.07	485	31.67	1:06.79	1:43.04
9.	Fabian BRUDNICKI	13	Co Peterboro	2:19.20	473	31.91	1:07.14	1:43.54
10.	Ketan RACH	13	Watford SC	2:19.30	472	30.96	1:05.72	1:42.59
11.	Sam TOWNSEND	13	C Beds SS	2:19.60	469	31.68	1:07.24	1:44.25
12.	Ethan PEIRCE	13	Harlow Pen	2:20.38	461	32.12	1:09.51	1:46.72
13.	Luke BARTON	13	Lstof & OB	2:21.04	454	32.09	1:08.04	1:44.88
14.	Tyler WATSON	13	Flitwick	2:21.16	453	33.48	1:10.17	1:46.95
15.	Mide OLAJIDE	13	Thurrock	2:21.29	452	32.30	1:09.88	1:46.74
16.	Joab CARR	13	St Felix Sch	2:21.68	448	31.74	1:07.80	1:45.96
17.	Xavier KIRCHIN	13	Leighton Buz	2:21.72	447	32.56	1:09.39	1:46.59
18.	Damon ELLIOTT	13	DunmowAtlant	2:21.95	445	30.67	1:07.20	1:45.59
19.	Tom MALIA	13	Flitwick	2:22.65	438	33.02	1:10.11	1:47.05
20.	Brandon RILEY	13	Lstof & OB	2:23.16	433	31.78	1:07.63	1:46.21
21.	Jimmy TAYLOR	13	Thurrock	2:23.31	432	32.93	1:09.84	1:46.70
22.	Naythan AUNG	13	Colchester	2:23.50	430	32.14	1:09.90	1:48.28
23.	Oscar BRICE	13	Co St Albans	2:25.27	414	32.49	1:09.29	1:47.88
24.	Ben KNOWLES	13	Wisbech	2:26.97	399	33.29	1:11.19	1:49.86
25.	Guy SEMPLE	13	Co Cambridge	2:27.00	398	33.71	1:11.44	1:49.81
26.	Taylor COE	13	Cheshunt	2:27.94	390	33.07	1:10.43	1:49.56
27.	George WHITEMAN	13	Co Peterboro	2:29.36	378	33.98	1:11.98	1:50.58



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Nathan WOODROW	14	UEA Norwich	2:07.25	615	29.07	1:01.73	1:34.75
2.	Samuel ROSE	14	West Norfolk	2:08.46	598	29.45	1:02.82	1:36.40
3.	Jack TURRELL	14	Basildon Ph	2:09.67	583	30.11	1:03.93	1:37.96
4.	Owen WEBSTER	14	St Felix Sch	2:10.14	577	29.95	1:03.53	1:37.65
5.	Henry NEWELL	14	Newmarket	2:10.45	573	29.76	1:03.54	1:37.51
6.	Harry MCLAGAN	14	Chelmsford	2:10.50	572	29.94	1:03.76	1:38.10
7.	Daniel MURTAGH	14	Hatfield	2:11.66	558	30.03	1:04.09	1:38.35
8.	Louis STEPHEN	14	Brentwood	2:12.77	544	29.25	1:03.47	1:38.48
9.	Callum STEDMAN	14	Dereham	2:13.57	535	30.65	1:05.72	1:39.91
10.	William PESTELL	14	teampswich	2:13.84	532	30.34	1:05.15	1:40.20
11.	Daniel WHITE	14	St Felix Sch	2:14.57	523	29.52	1:03.27	1:38.54
12.	Edward MCFARLAND	14	C Beds SS	2:14.70	522	30.13	1:04.37	1:39.28
13.	James SPEERS	14	Basildon Ph	2:14.77	521	30.04	1:04.46	1:40.14
14.	Daniel MARTIN	14	Co St Albans	2:14.91	519	30.31	1:05.22	1:40.78
15.	Samuel MILLER	14	Bo Southend	2:15.22	516	30.37	1:04.99	1:40.69
16.	Ciaran RICHES	14	West Suffolk	2:15.56	512	30.77	1:05.35	1:41.39
17.	Alfie KING	14	Thetford	2:15.57	512	30.52	1:05.38	1:41.53
18.	Matthew NEWSON	14	Co Peterboro	2:15.61	512	30.71	1:06.59	1:41.20
19.	Jeremy AITKEN	14	Beccles Town	2:15.95	508	31.80	1:07.25	1:42.74
20.	Marco TONTODONATI	14	Bishop Stort	2:15.96	508	31.31	1:06.99	1:42.96
21.	Devesh KAPOOR	14	Watford SC	2:16.40	503	30.45	1:04.56	1:40.09
22.	Cole SHEPARD	14	Basildon Ph	2:16.46	502	30.53	1:05.66	1:40.64
23.	Edward JEX	14	Co St Albans	2:16.57	501	30.77	1:05.14	1:41.05
24.	Samuel COSTIN	14	Basildon Ph	2:17.04	496	31.58	1:07.20	1:42.56
25.	Zane BATT	14	Cheshunt	2:17.58	490	31.13	1:06.84	1:43.19
26.	Teal'K SMITH	14	Beccles Town	2:17.83	487	31.13	1:07.03	1:42.75
27.	Thomas BELCHER	14	Modernian	2:20.77	457	31.01	1:07.22	1:44.25
28.	Alfie WARNOCK	14	Putteridge	2:22.87	436	32.18	1:09.47	1:47.22
29.	Ciaran COOK	14	Co St Albans	2:24.03	425	31.94	1:08.87	1:47.15